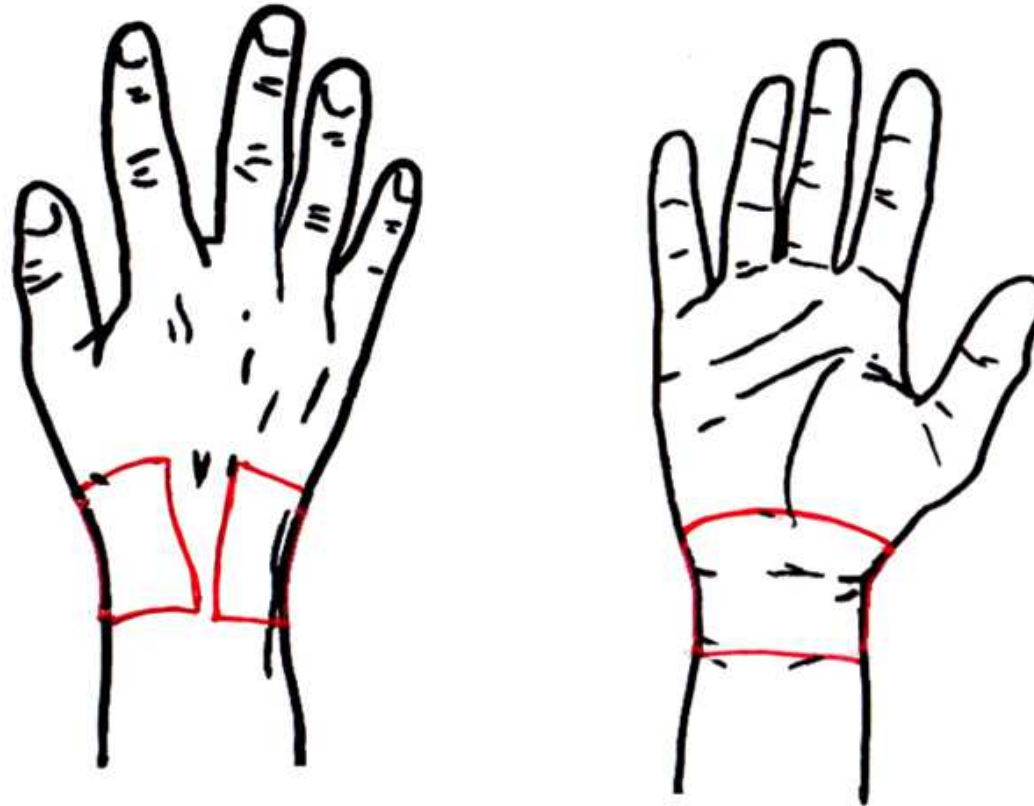


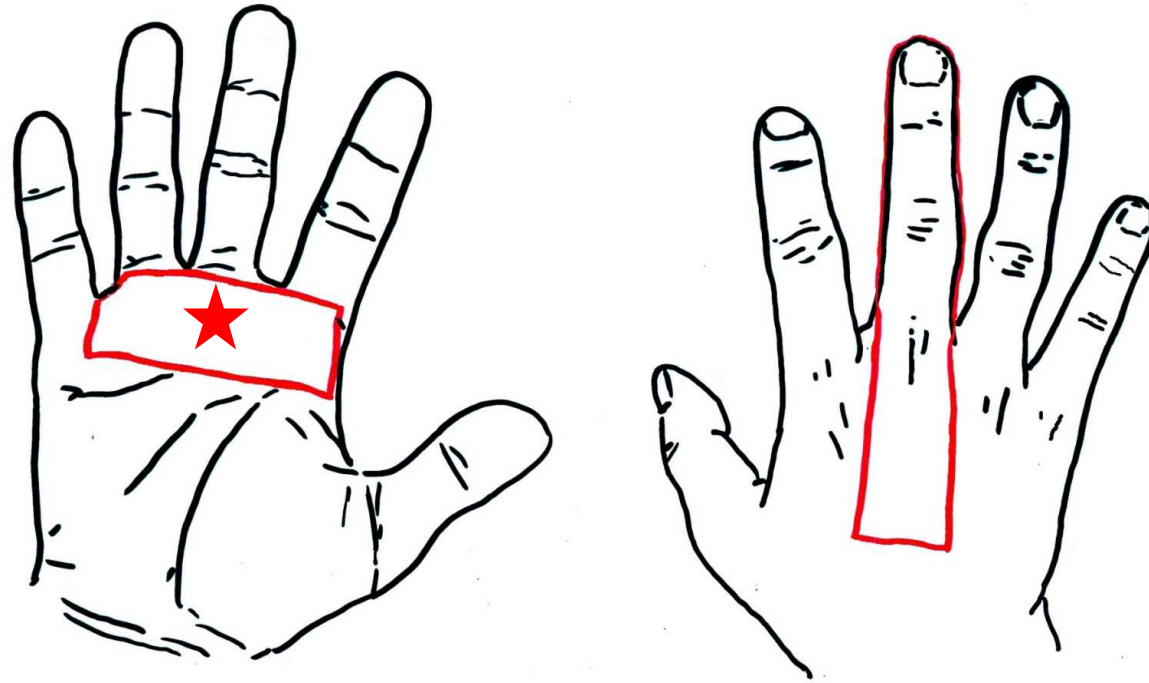
十字貼布貼紮圖
手、腕、足、踝、頸、背

by 高國峯 醫師 & 林仲宇 醫師

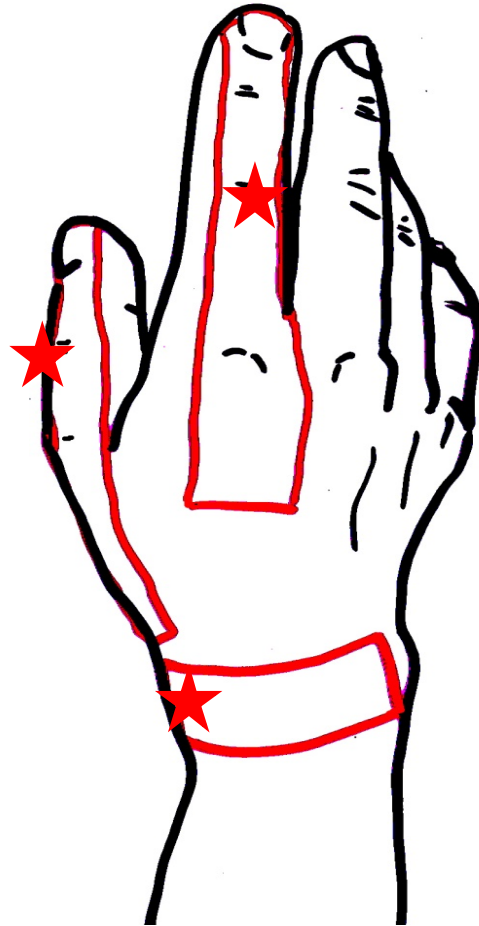
腕關節防護 Wrist Protection



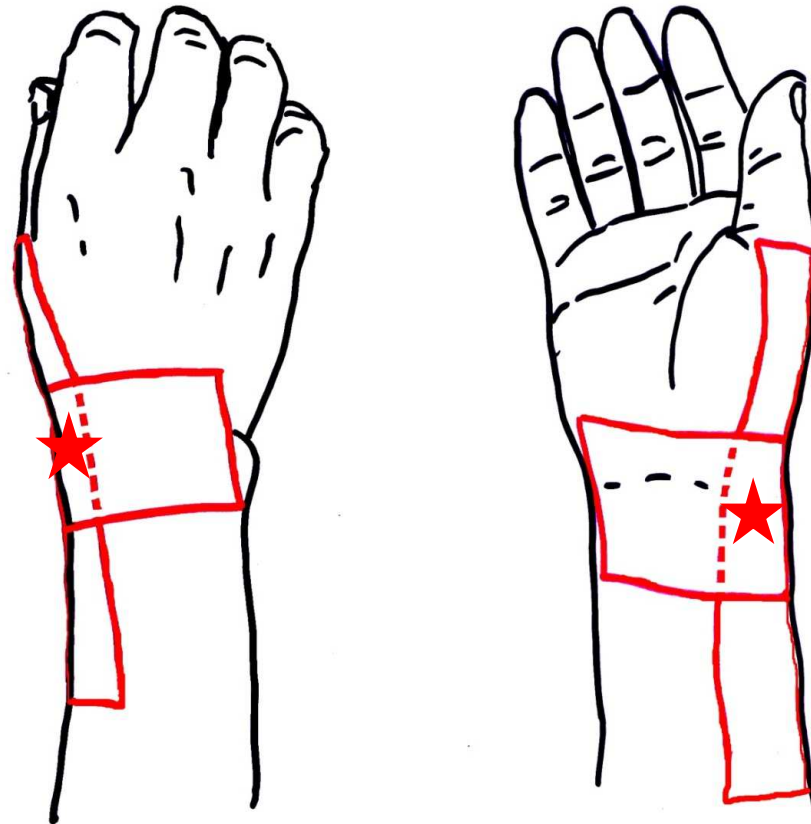
扳機指 Trigger Finger



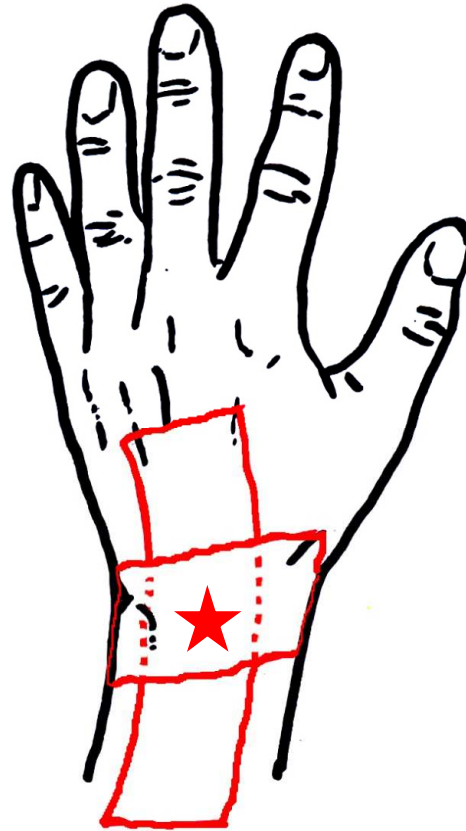
媽媽手防護 + 手指關節防護



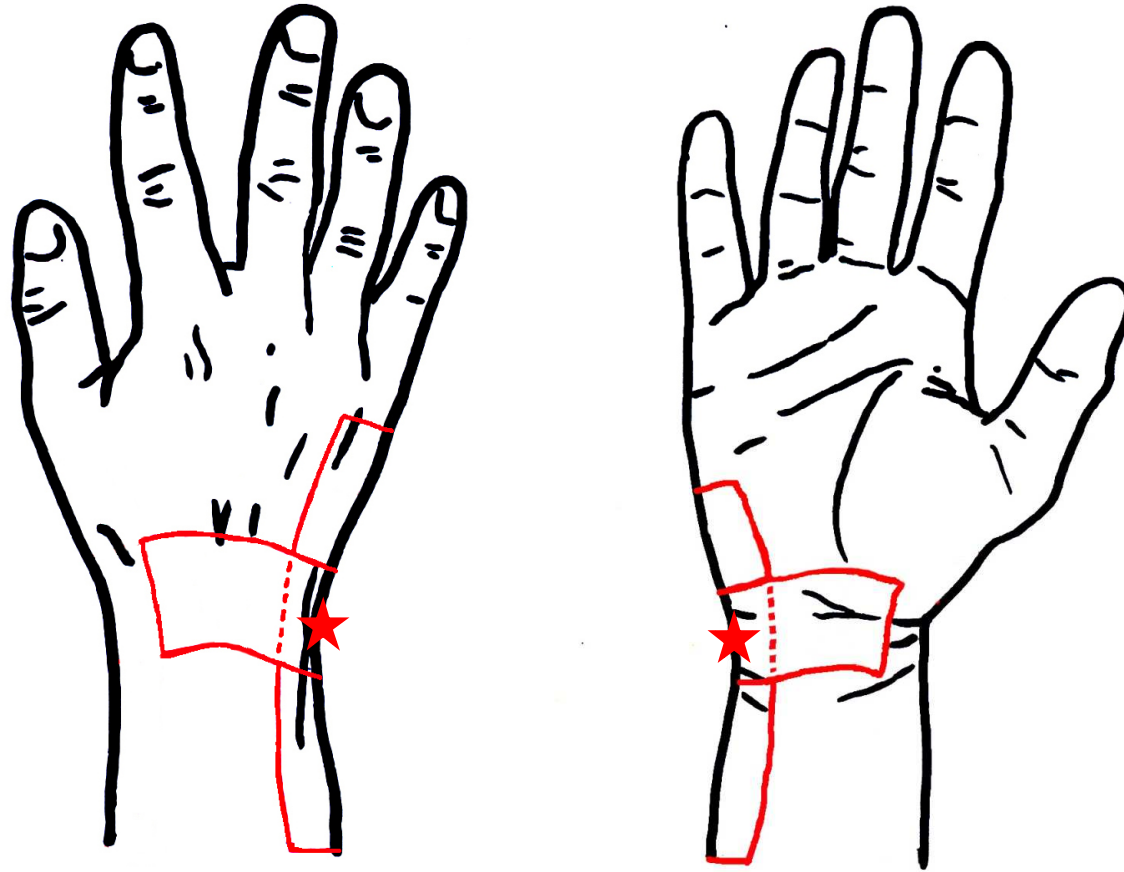
媽媽手 DeQuervain's Disease



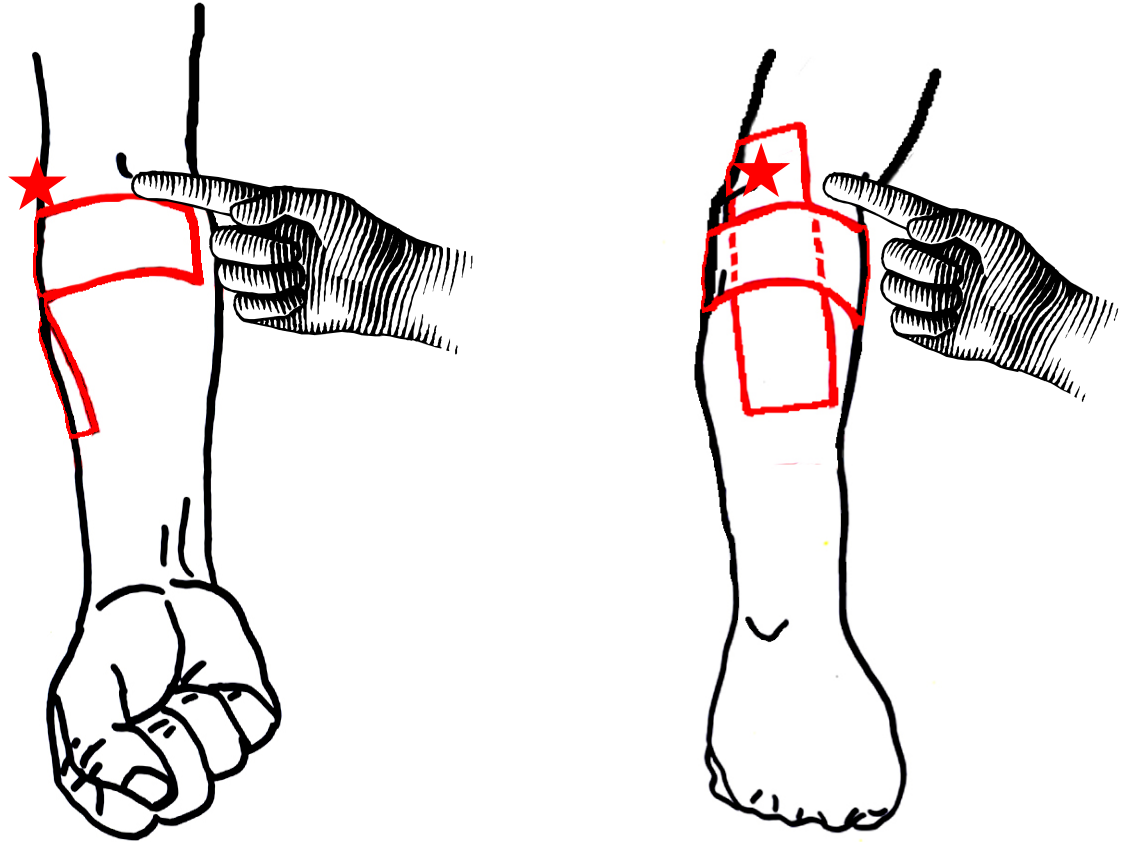
電腦手 Dorsal Wrist Protection



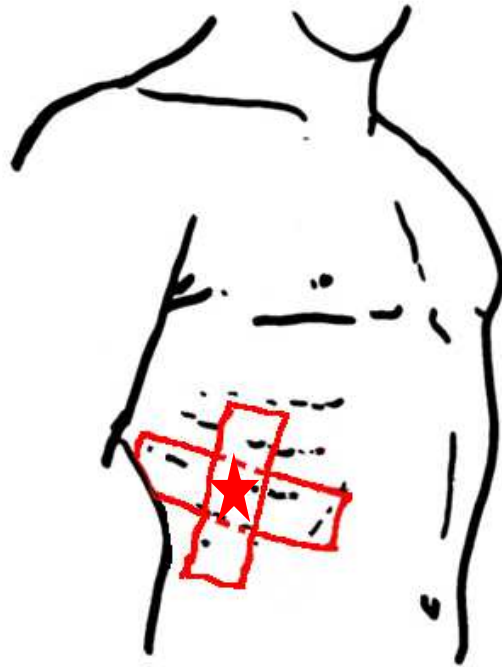
尺側面腕關節痛 Ulnar wrist pain



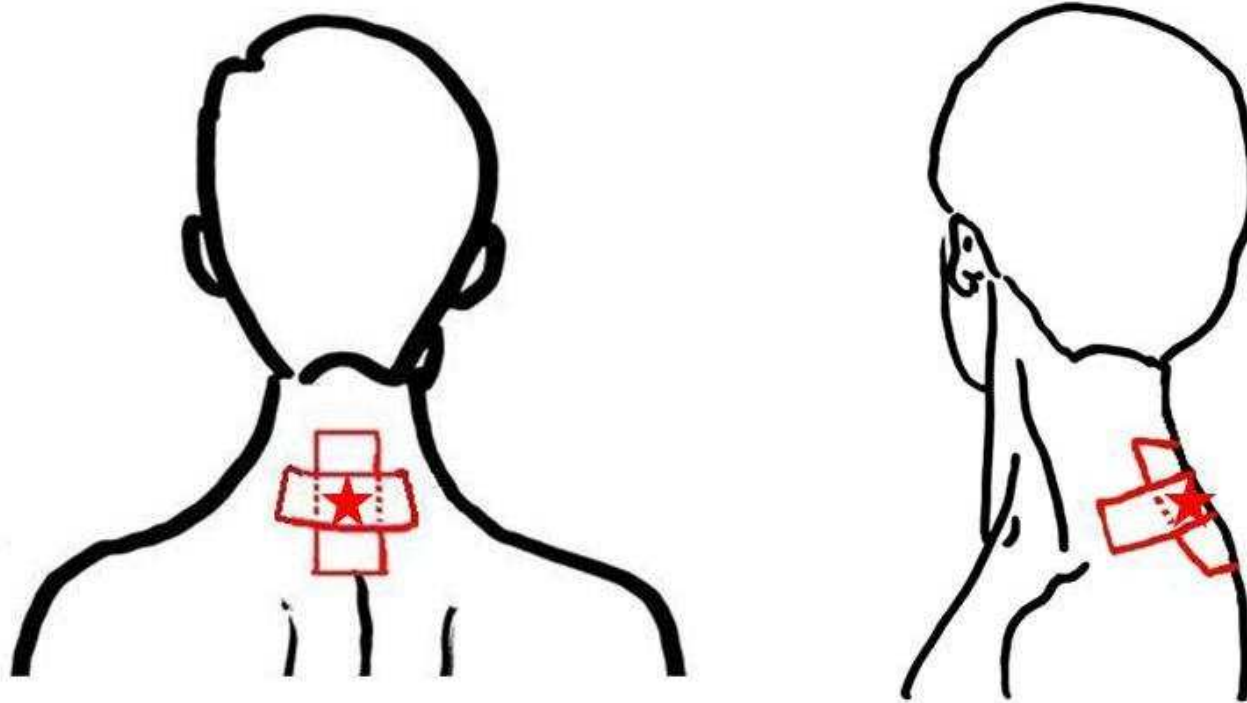
網球肘 Tennis Elbow



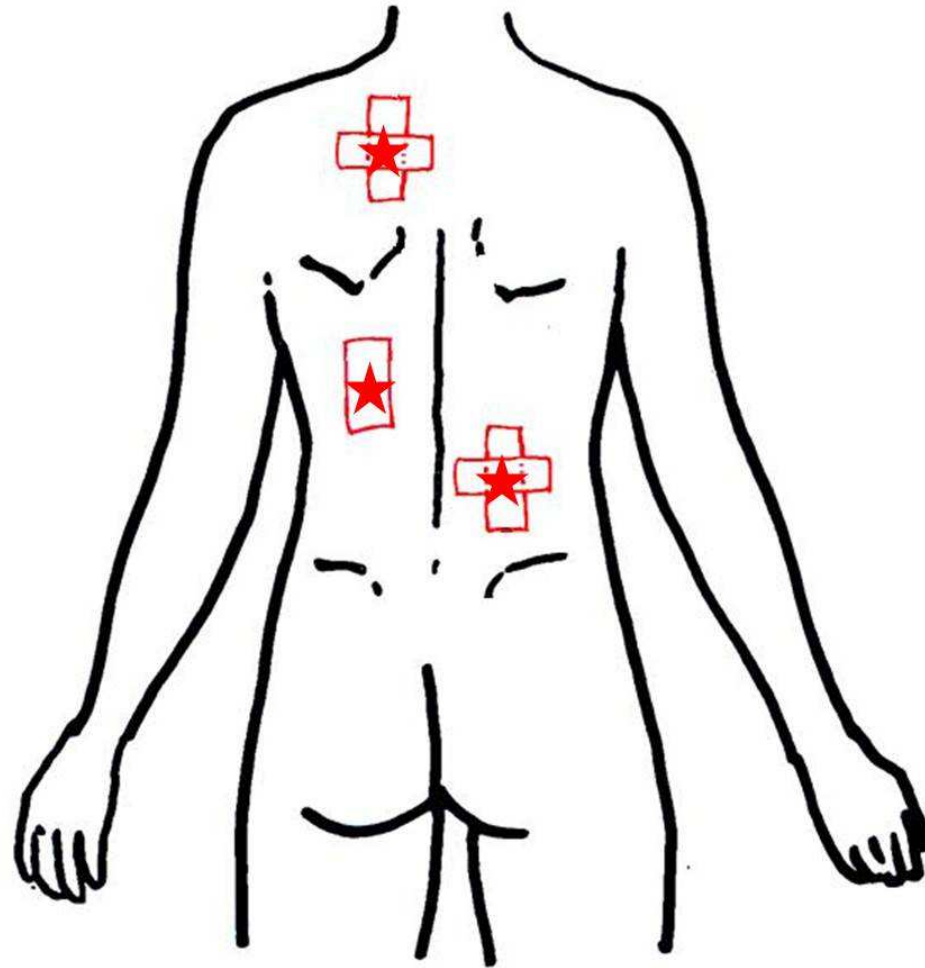
胸壁防護 Chest Wall Protection



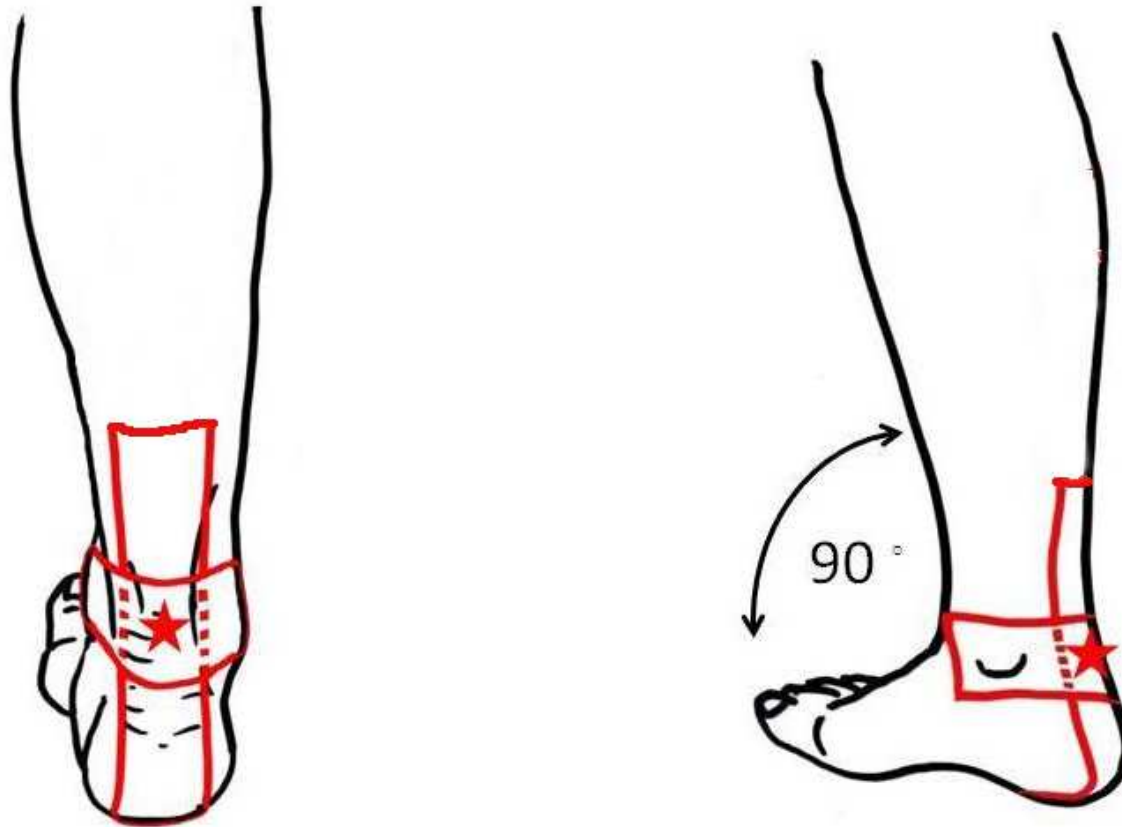
頸背肌肉痛 Neck Muscle Pain



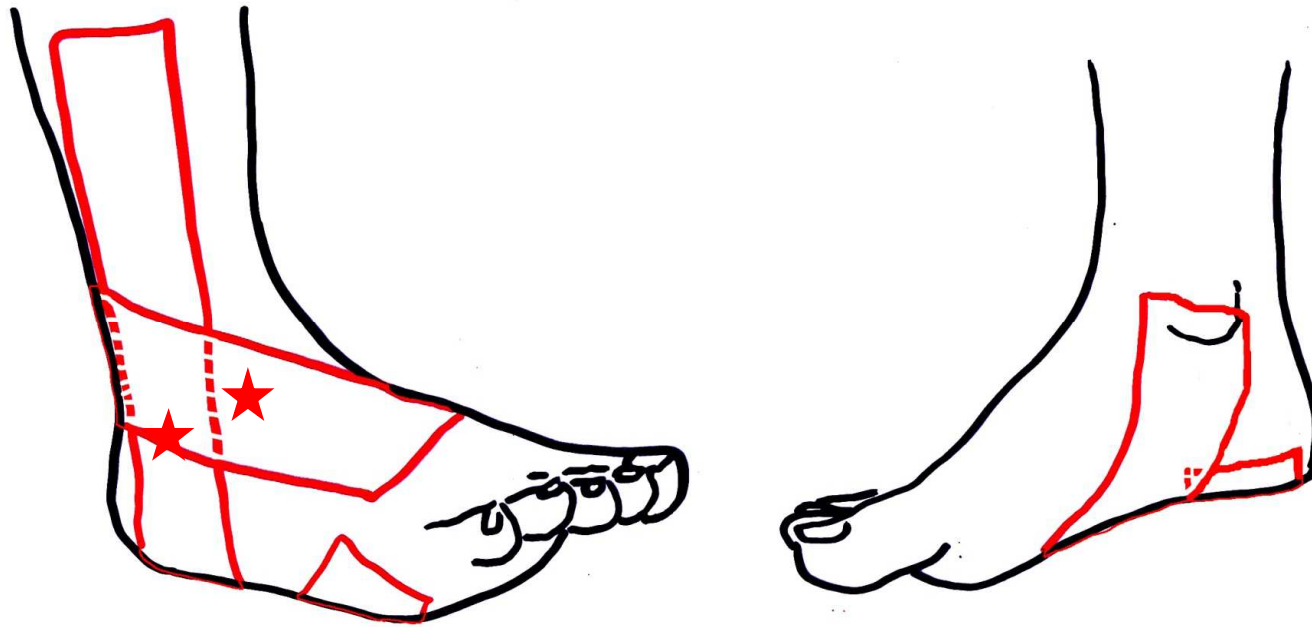
背部肌筋膜炎 Back Muscle Pain



阿基里斯腱炎 Achilles Tendonitis

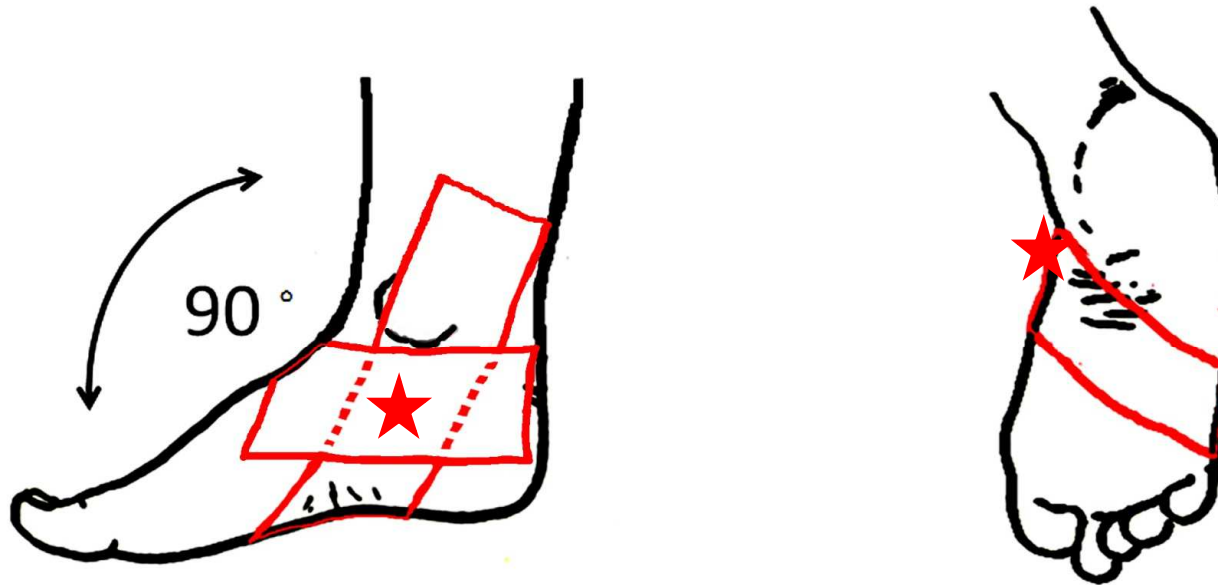


外踝關節扭傷 Lateral Ankle sprain

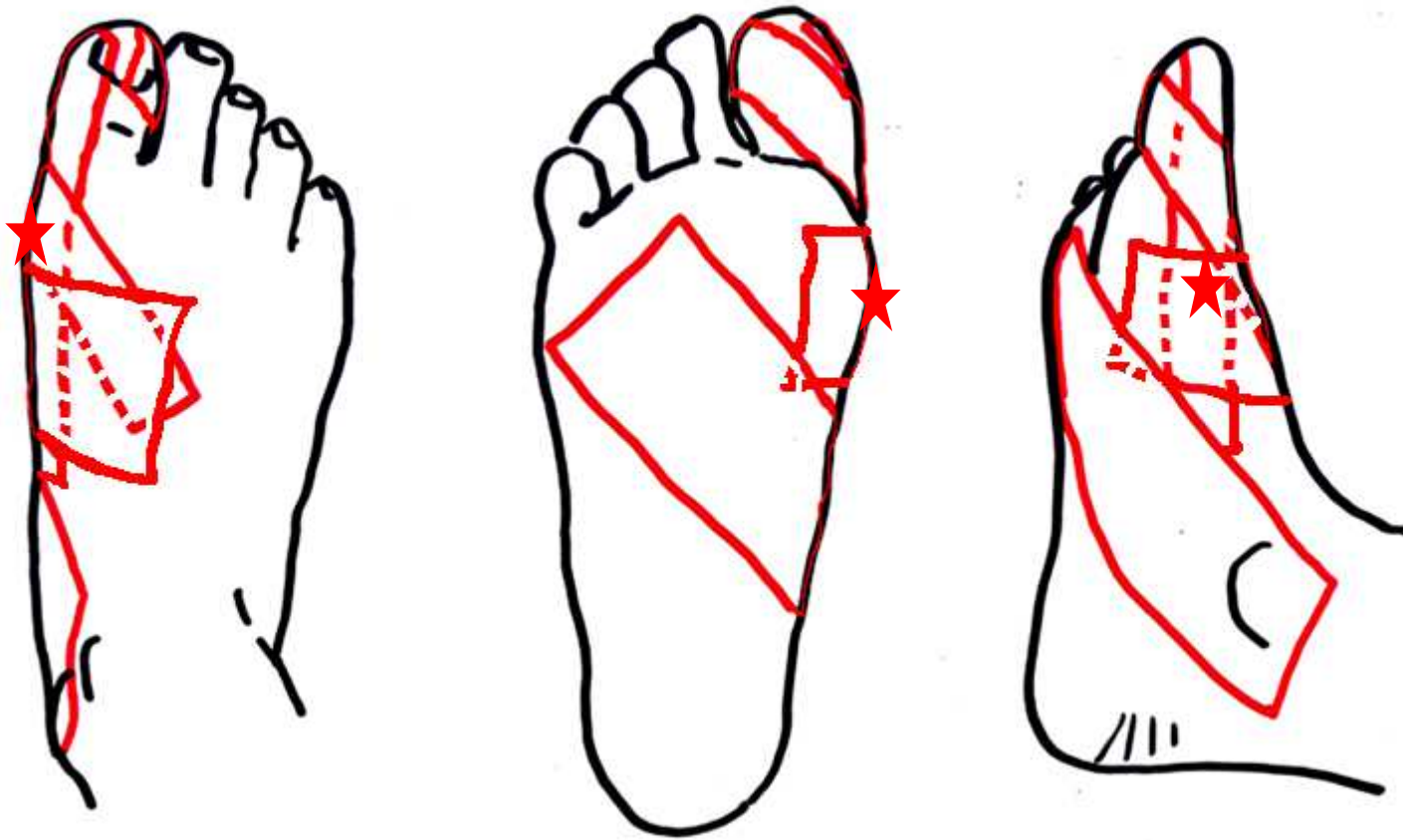


旋前足（内側中足部痛）

Pronation Foot, Medial Midfoot Pain



大姆趾內側痛 **Hallux Valgus, Bunion**



足底筋膜炎 Plantar Protection

