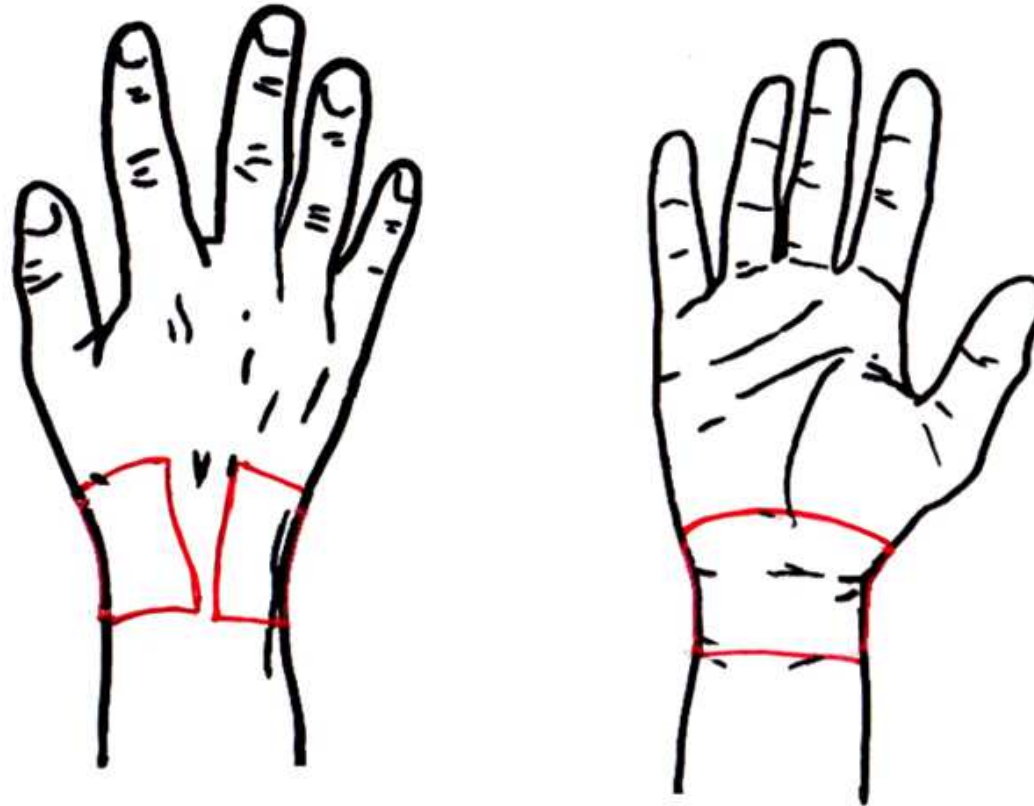


十字贴布贴扎图

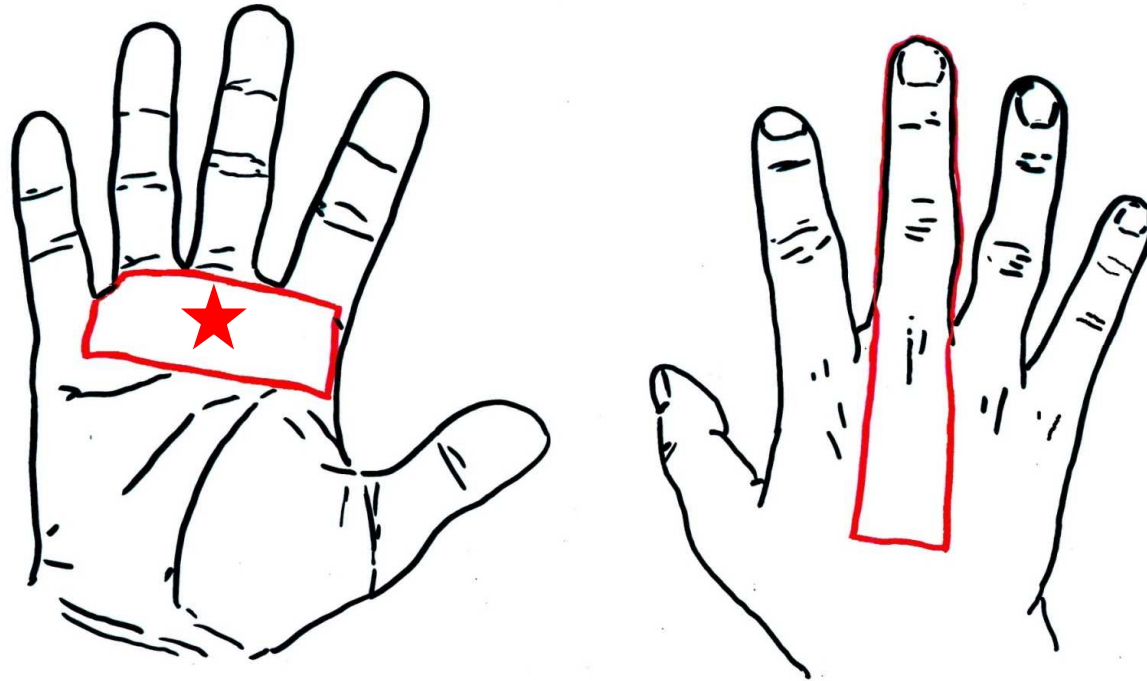
手、腕、足、踝、颈、背

by 高国峯 医师 & 林仲宇 医师

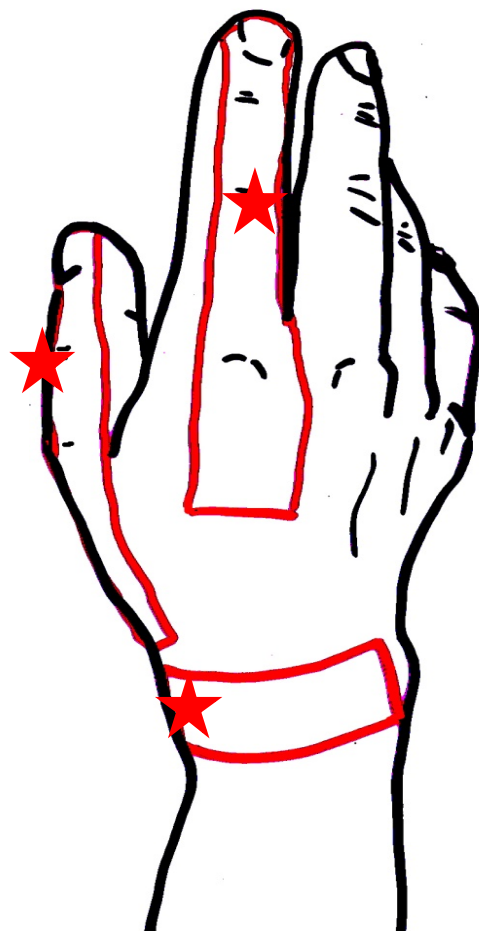
腕关节防护 **Wrist Protection**



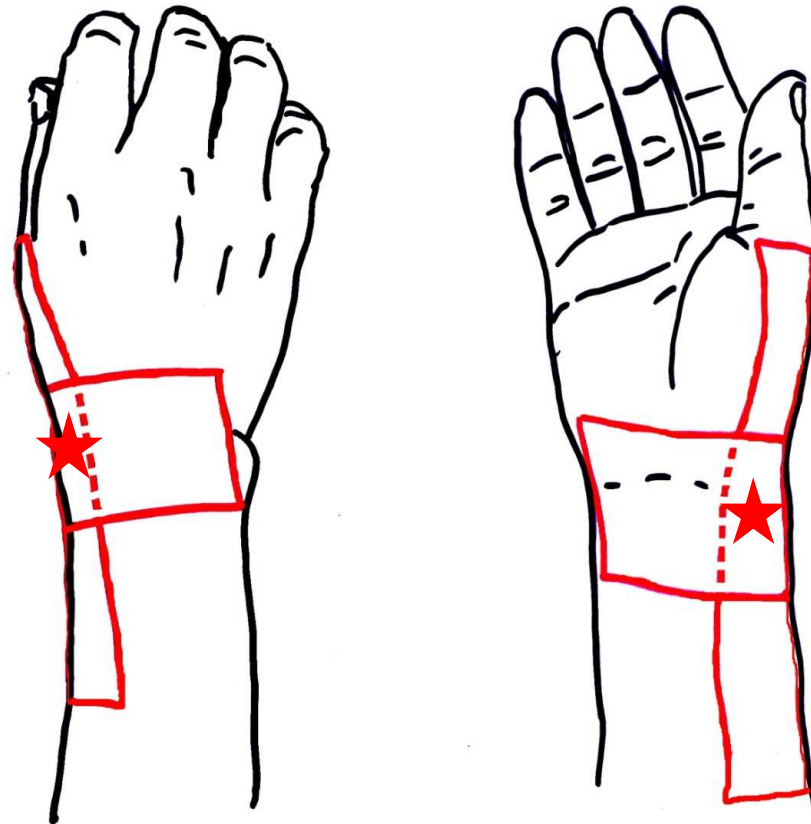
扳机指 Trigger Finger



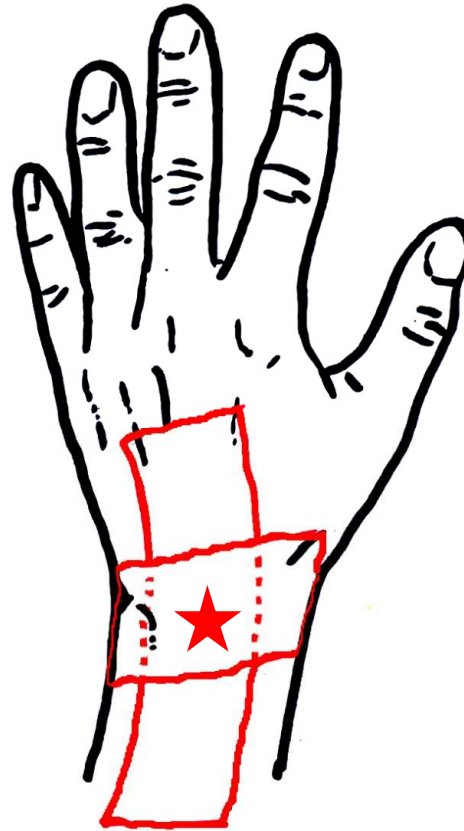
妈妈手防护 + 手指关节防护



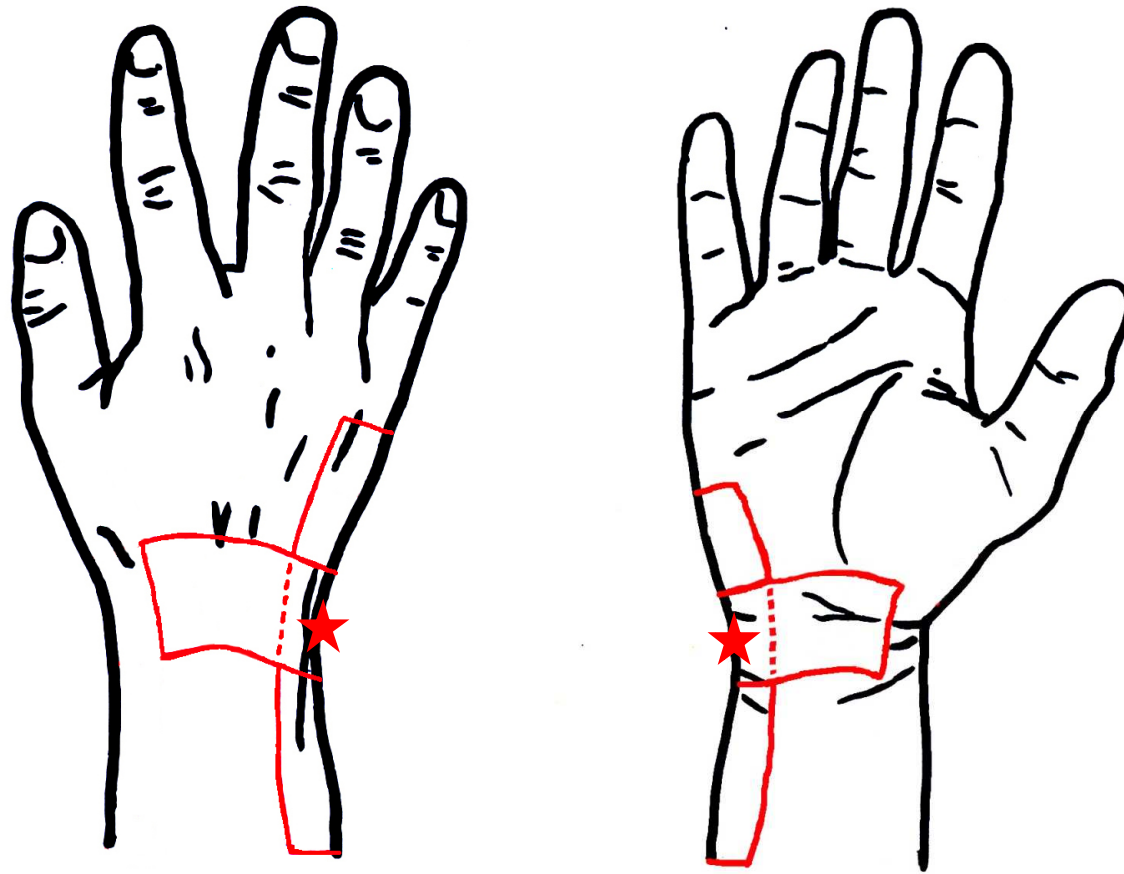
妈妈手DeQuervain's Disease



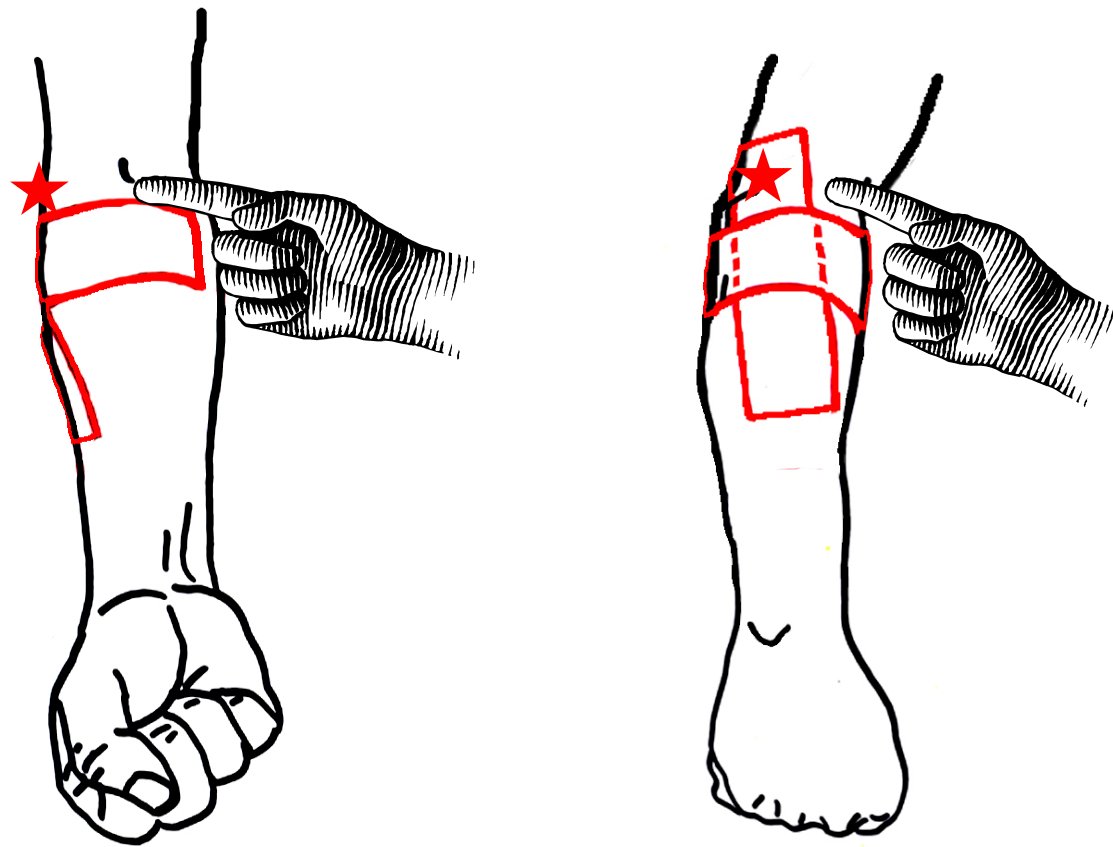
计算机手 Dorsal Wrist Protection



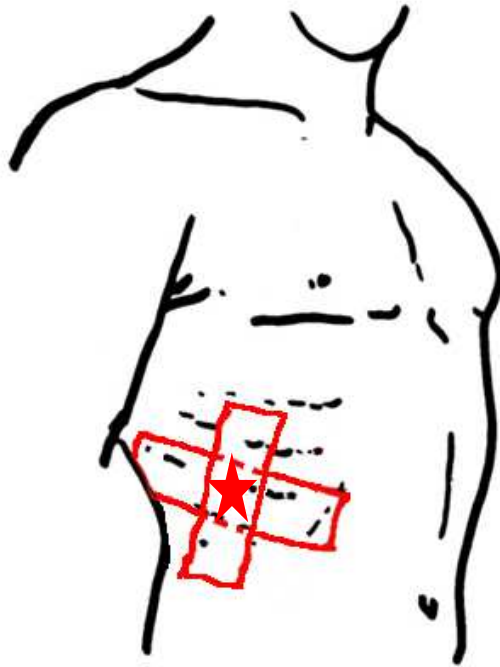
尺侧面腕关节痛Ulnar wrist pain



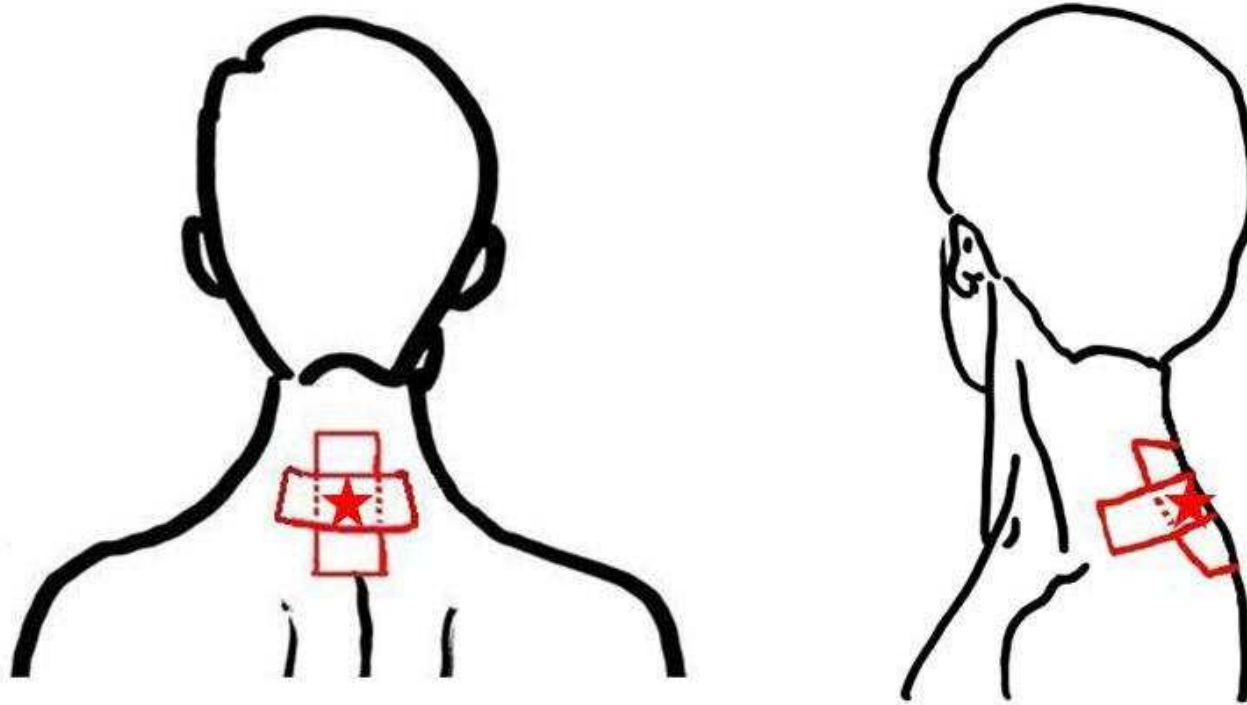
网球肘Tennis Elbow



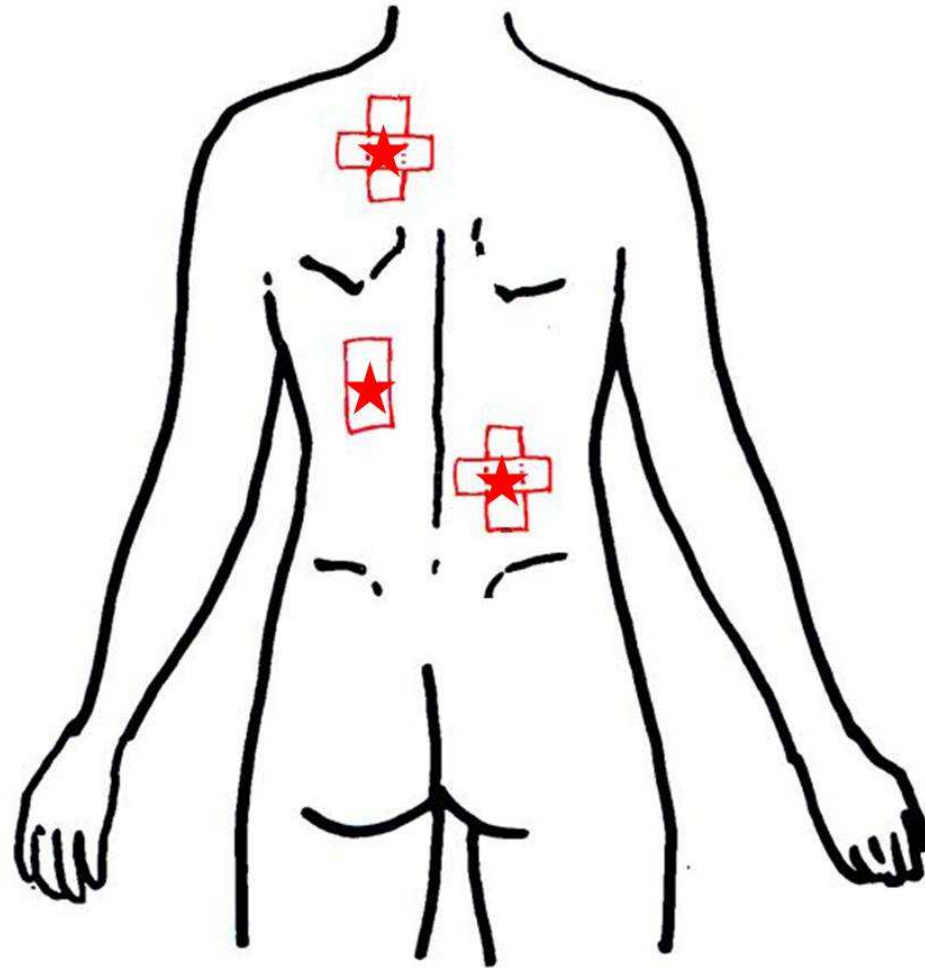
胸壁防护 Chest Wall Protection



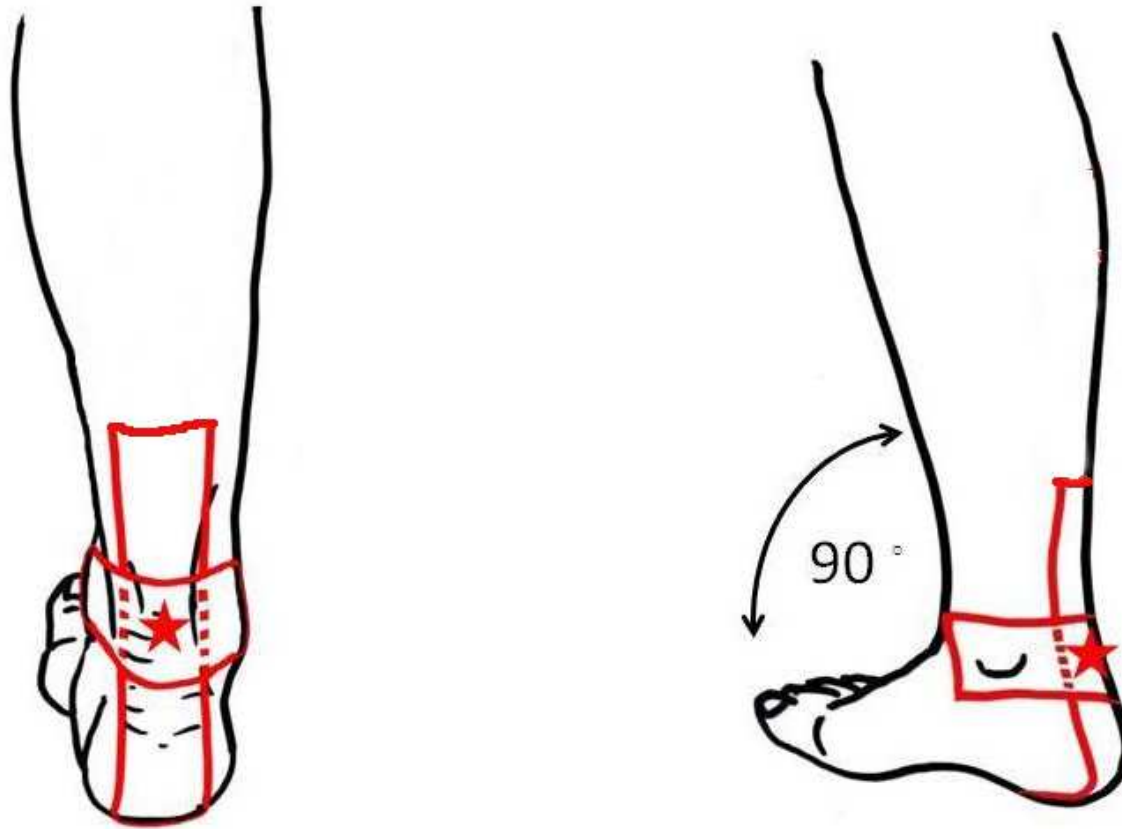
颈背肌肉痛**Neck Muscle Pain**



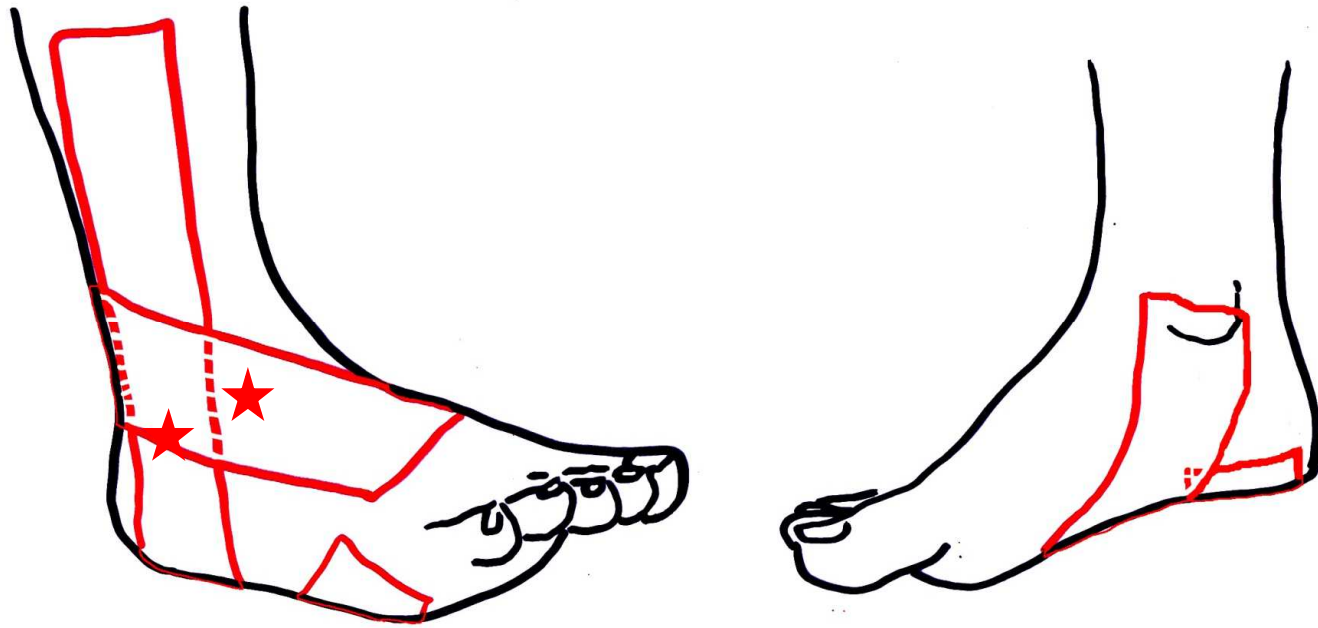
背部肌筋膜痛Back Muscle Pain



阿基利斯腱炎 Achilles Tendonitis

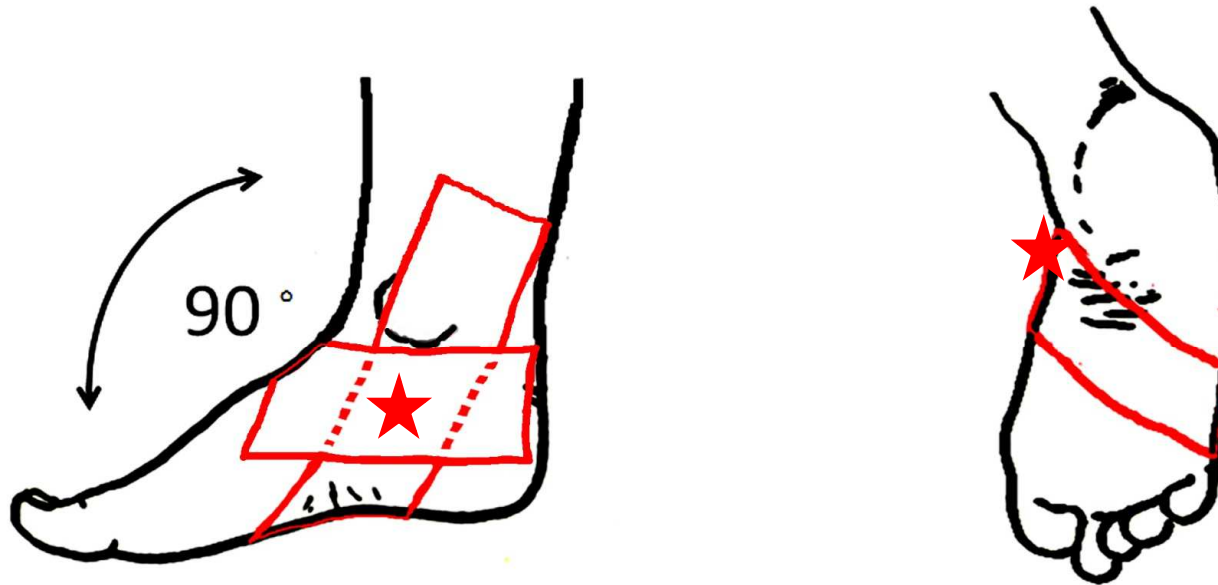


外踝关节扭伤 Lateral Ankle sprain

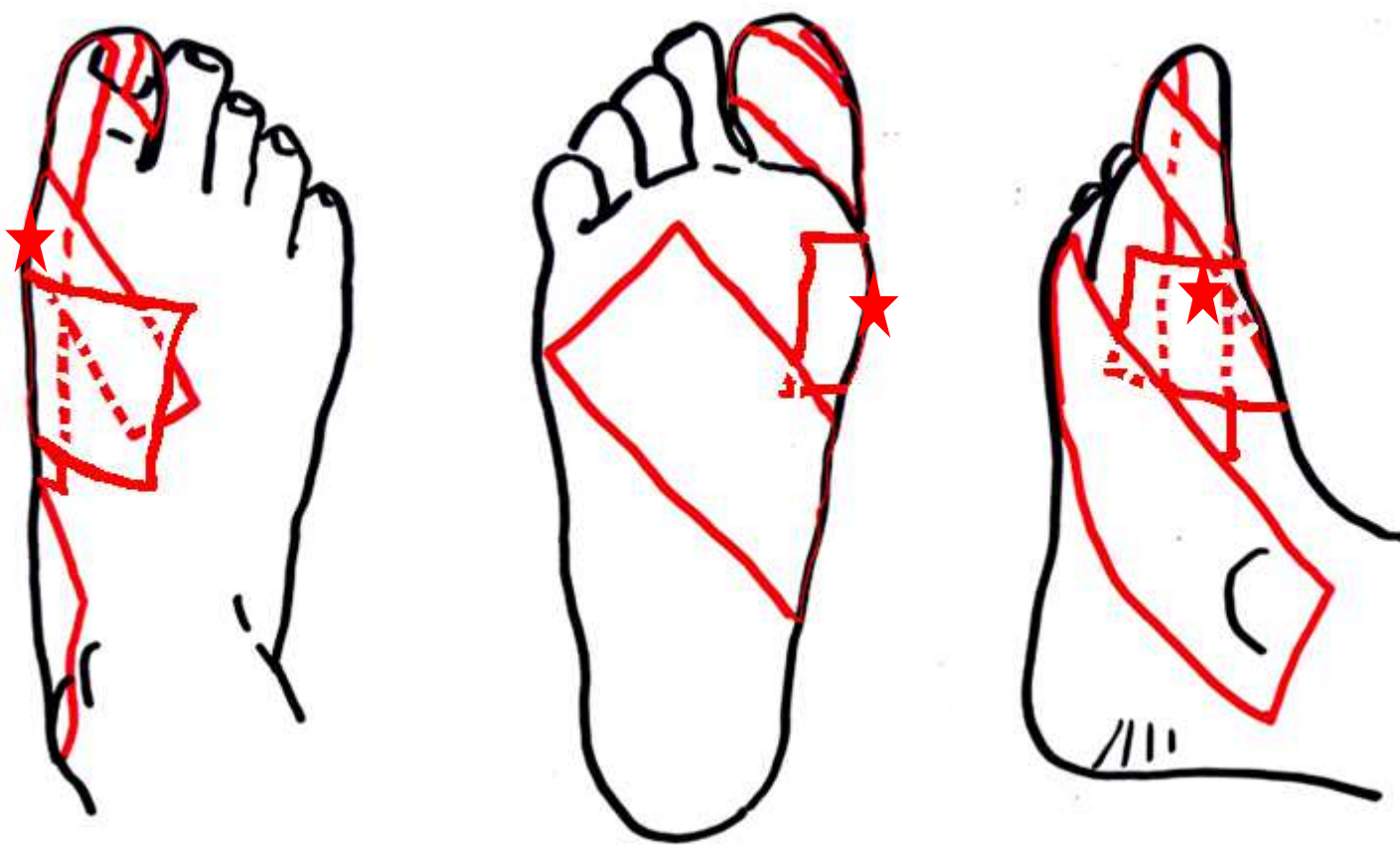


旋前足（内侧中足部痛）

Pronation Foot, Medial Midfoot Pain



大姆趾内侧痛 **Hallux Valgus, Bunion**



足底筋膜炎 Plantar Protection

