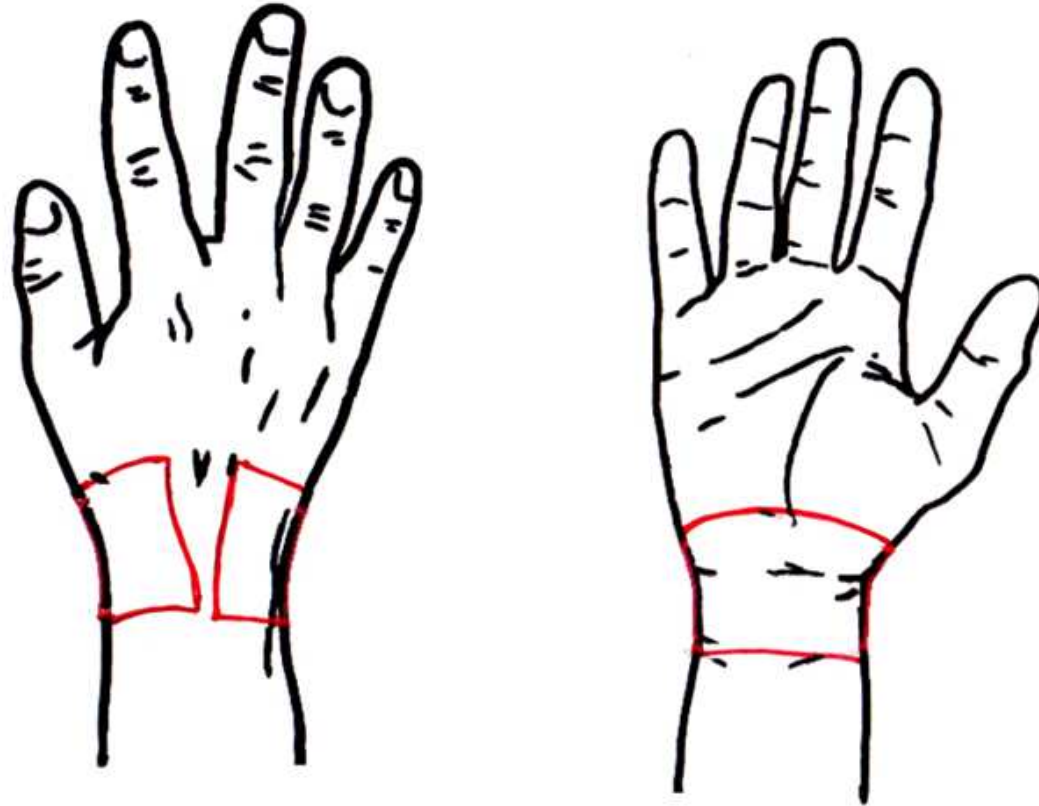


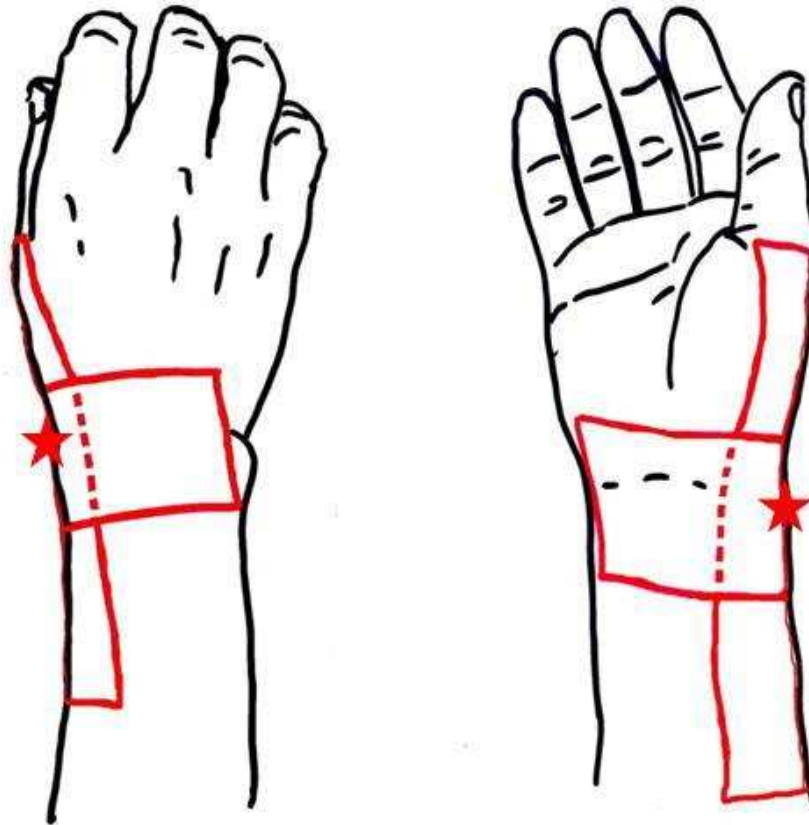
**Sports Cross Taping Figures**  
**hand, wrist, foot, ankle, neck & back**

**by Feng Kau M.D. & John Lin M.D.**

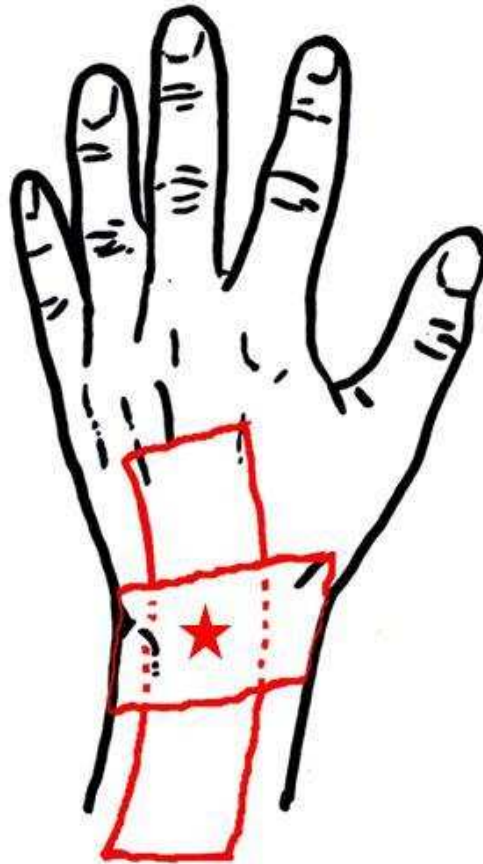
# Wrist Protection



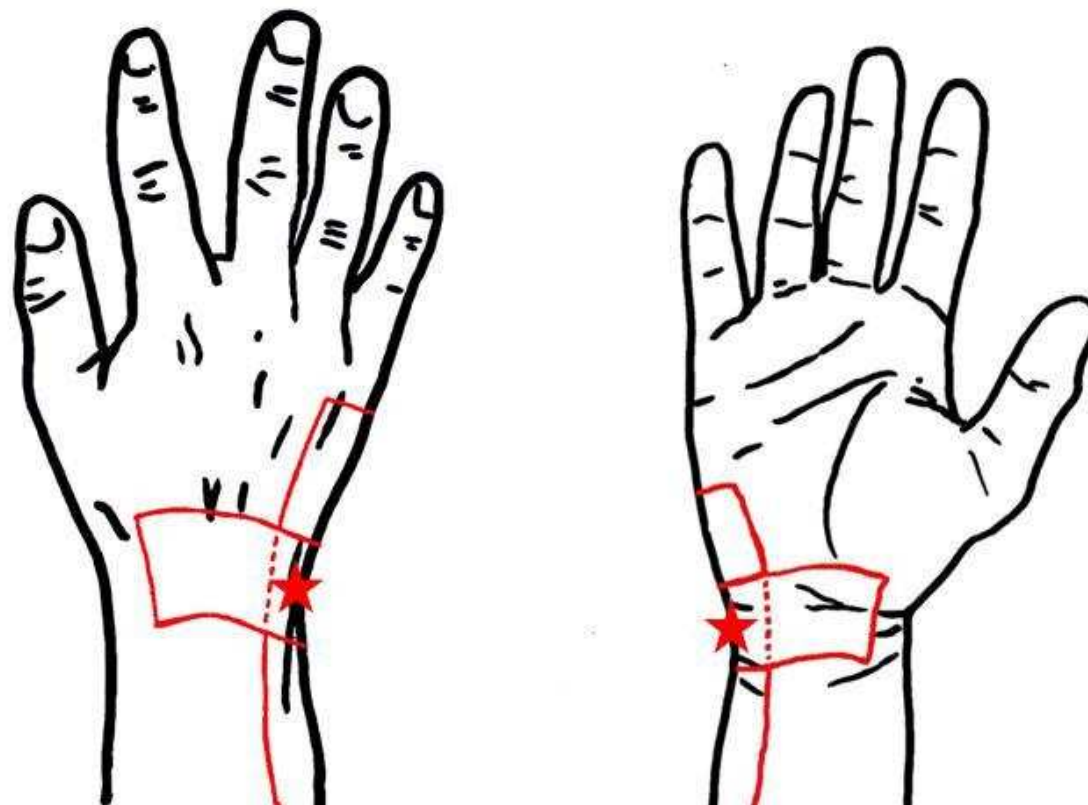
# DeQuervain's Disease



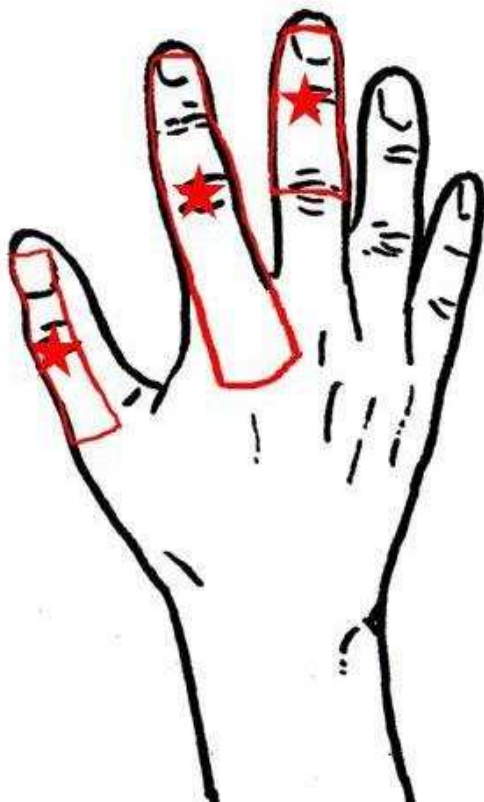
# Dorsal Wrist Pain



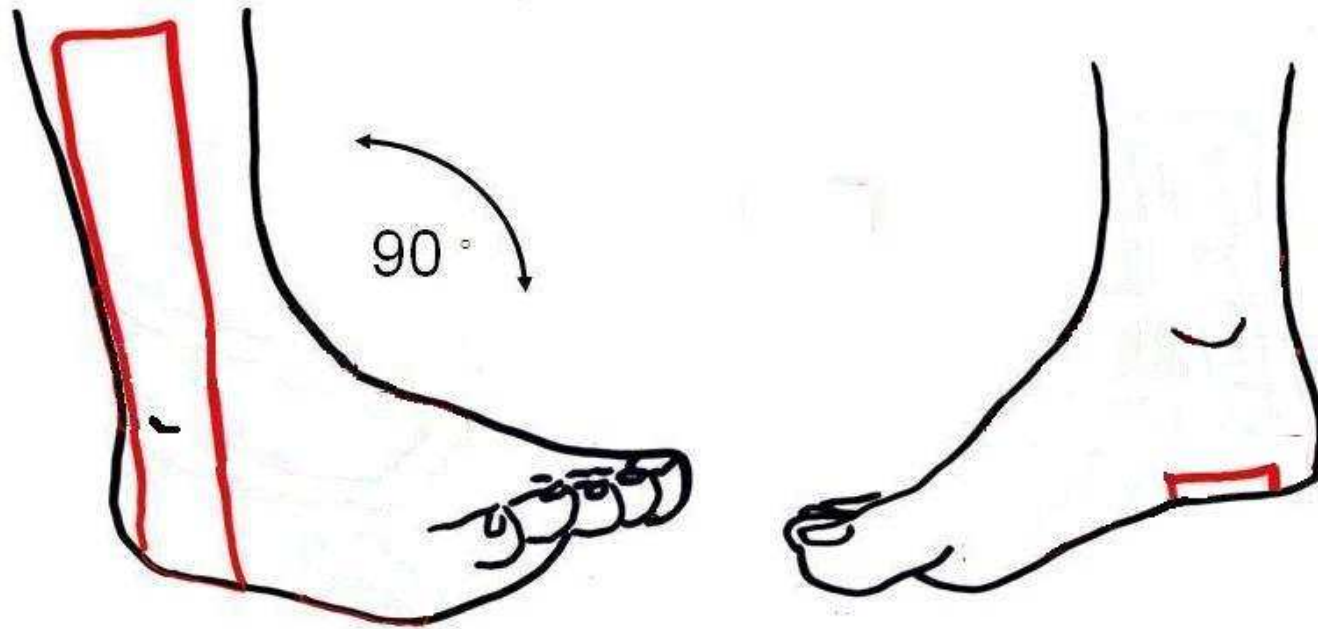
# Ulnar wrist pain



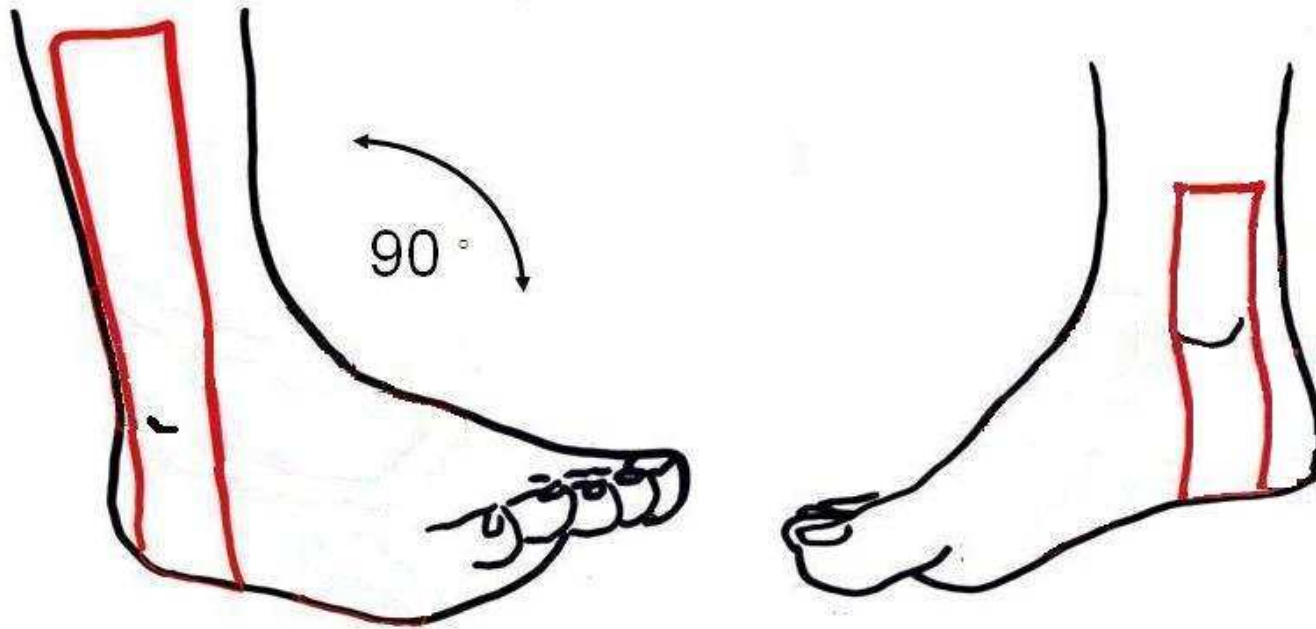
# Finger Sprain



# Lateral Ankle Protection



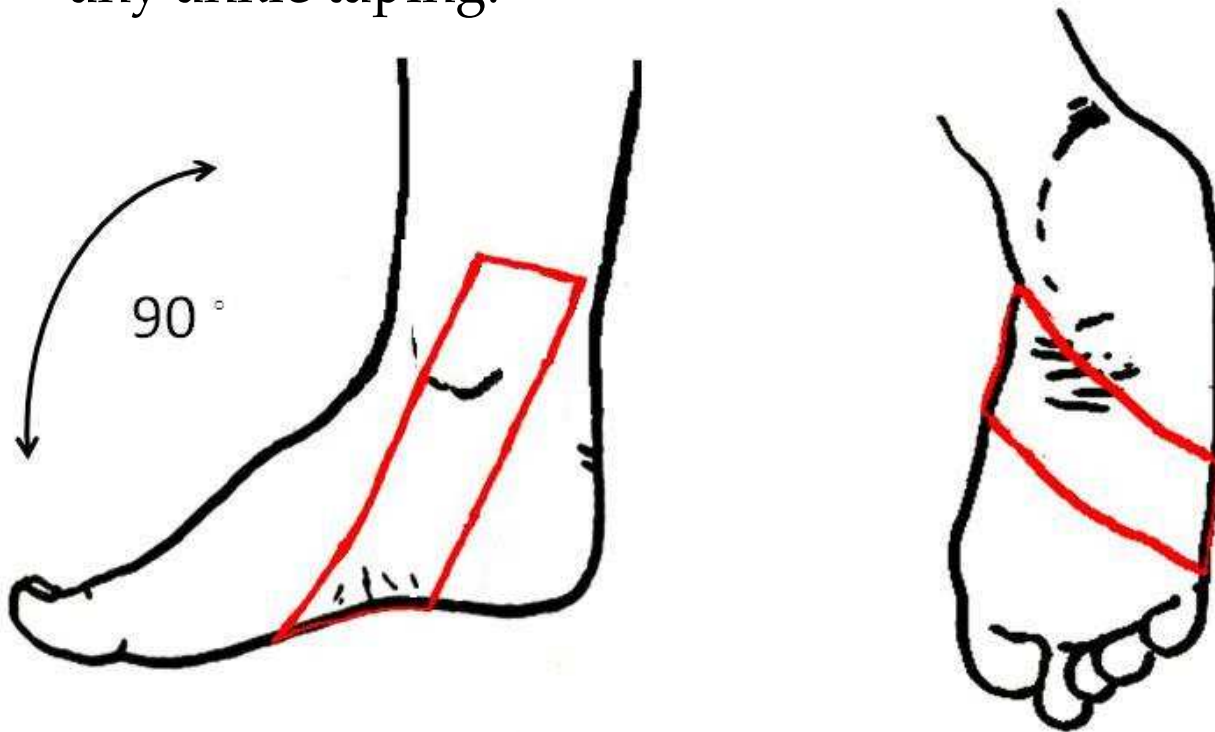
# Medial & Lateral Ankle Protection



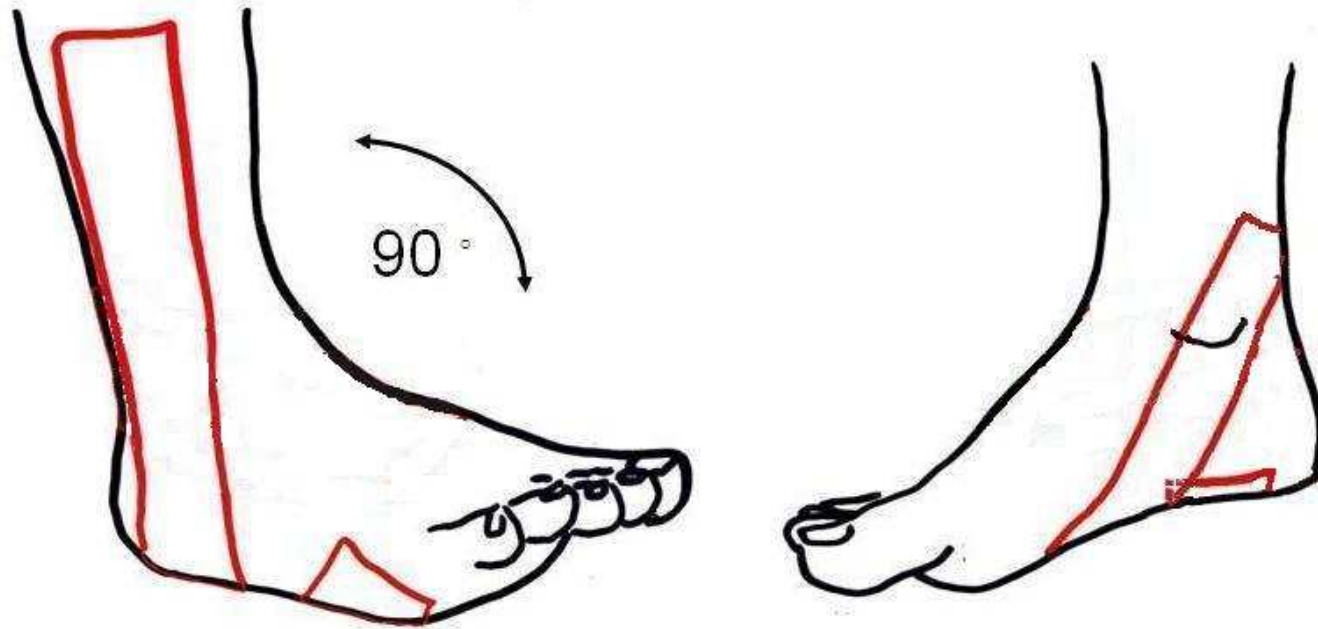


# Longitudinal Arch Support

- Longitudinal Arch Support Taping can be applied after any ankle taping.

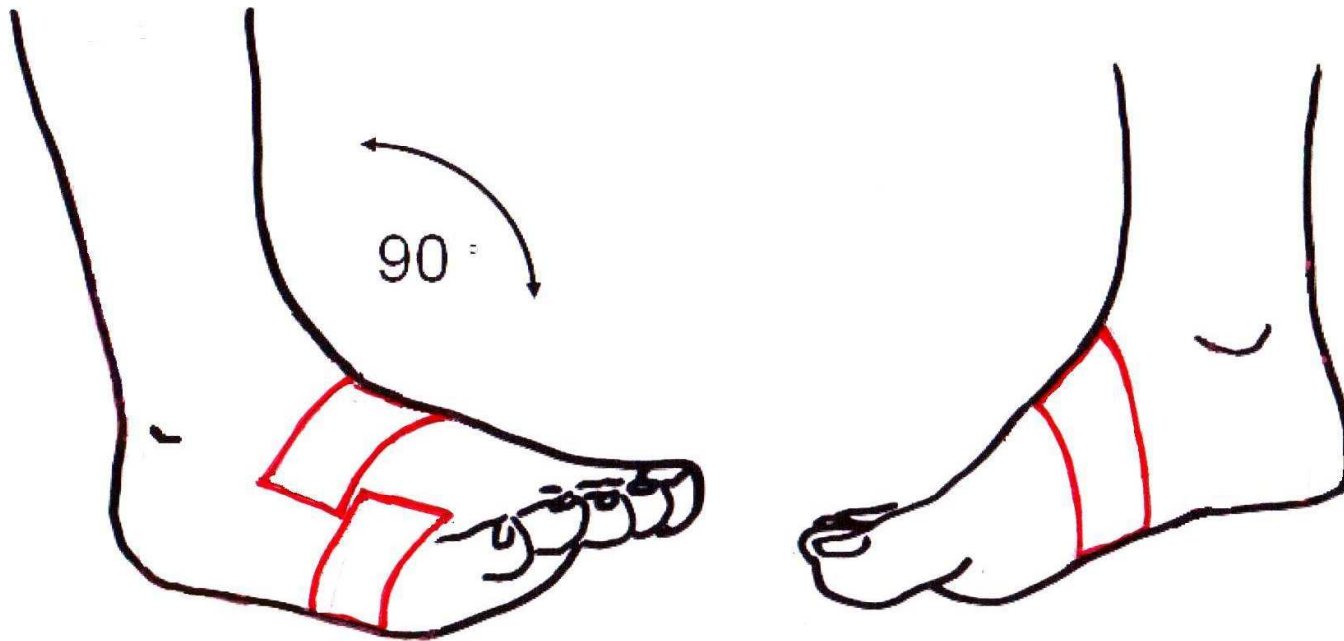


# Lateral Ankle Protection + Longitudinal Arch Support

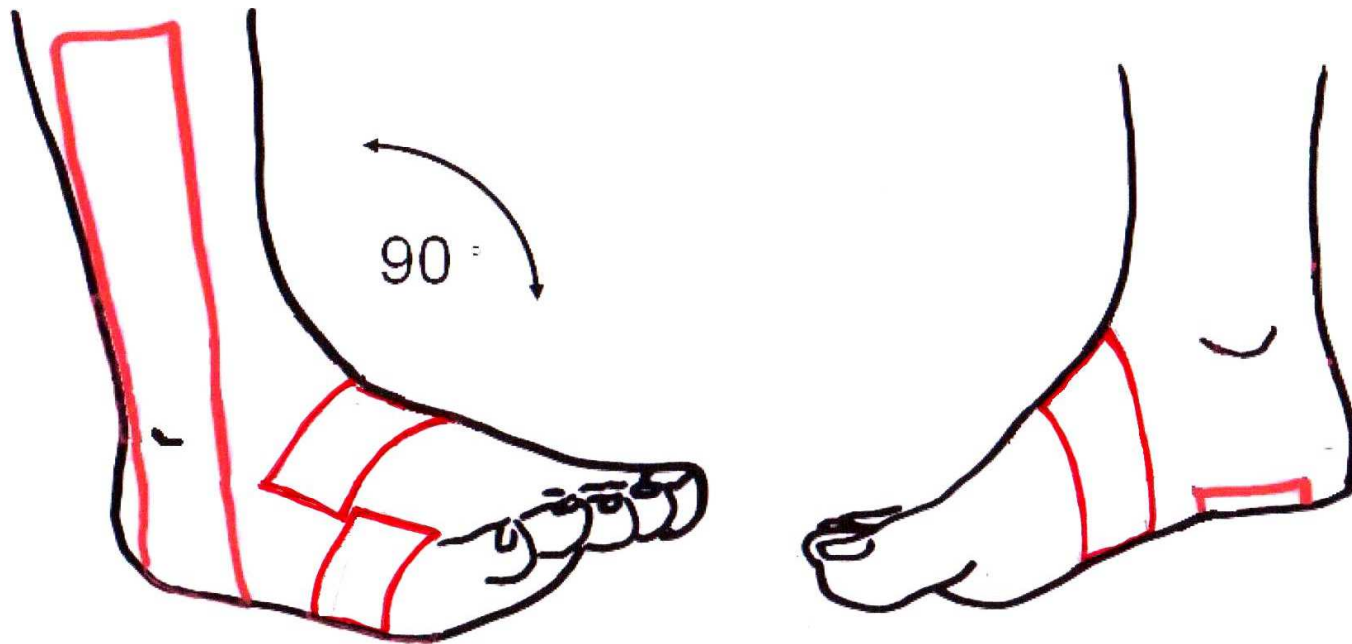


# Transverse Arch Support

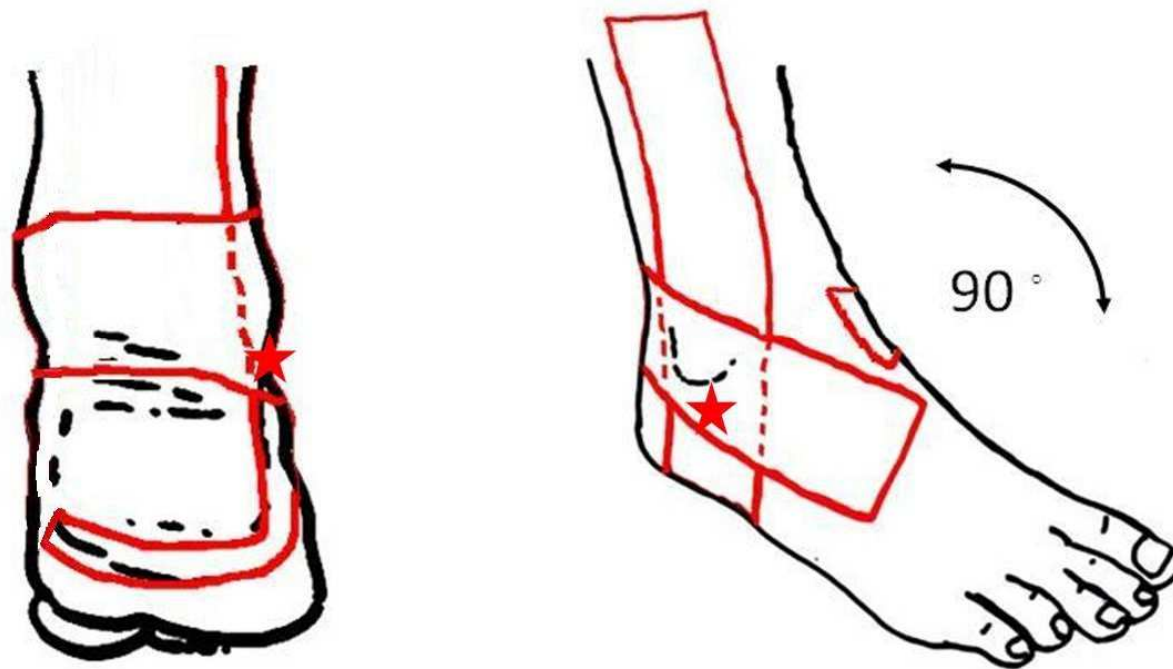
- Transverse Arch Support Taping can be applied after any ankle taping.



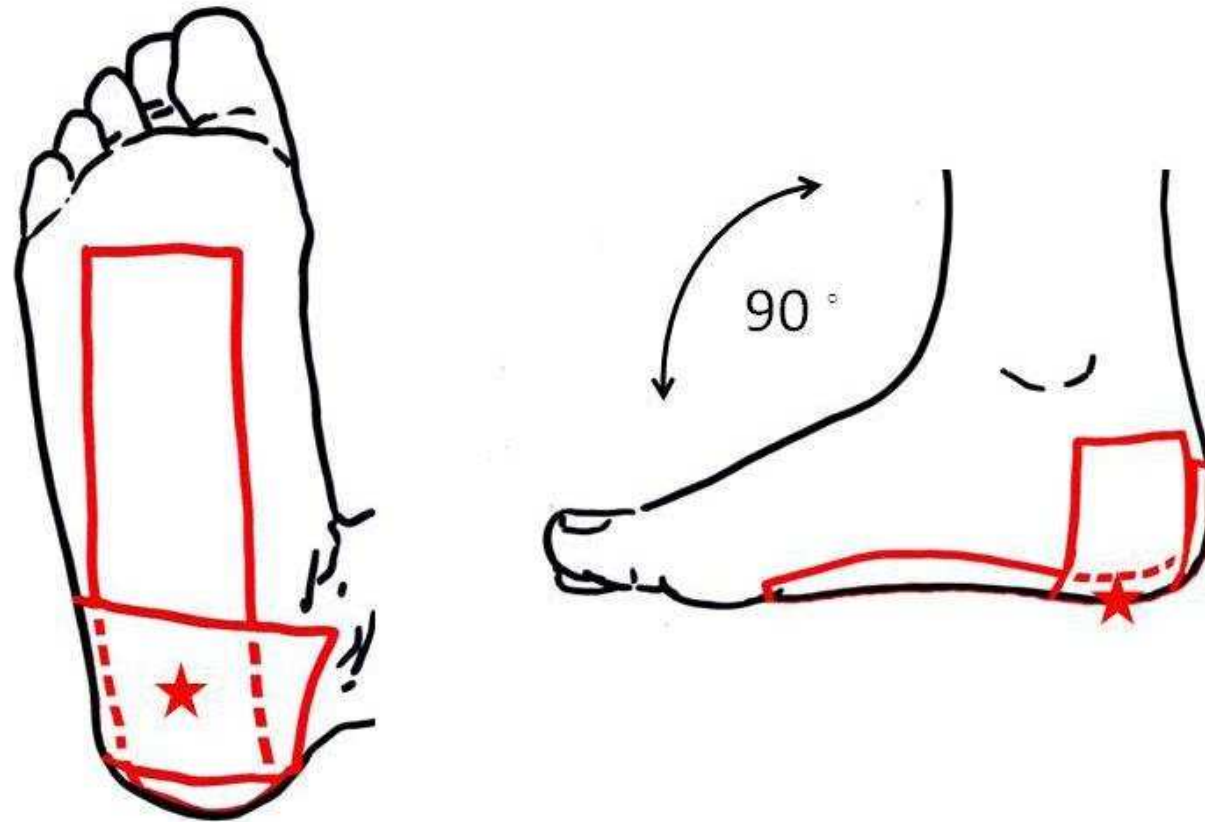
# Lateral Ankle Protection + Transverse Arch Support



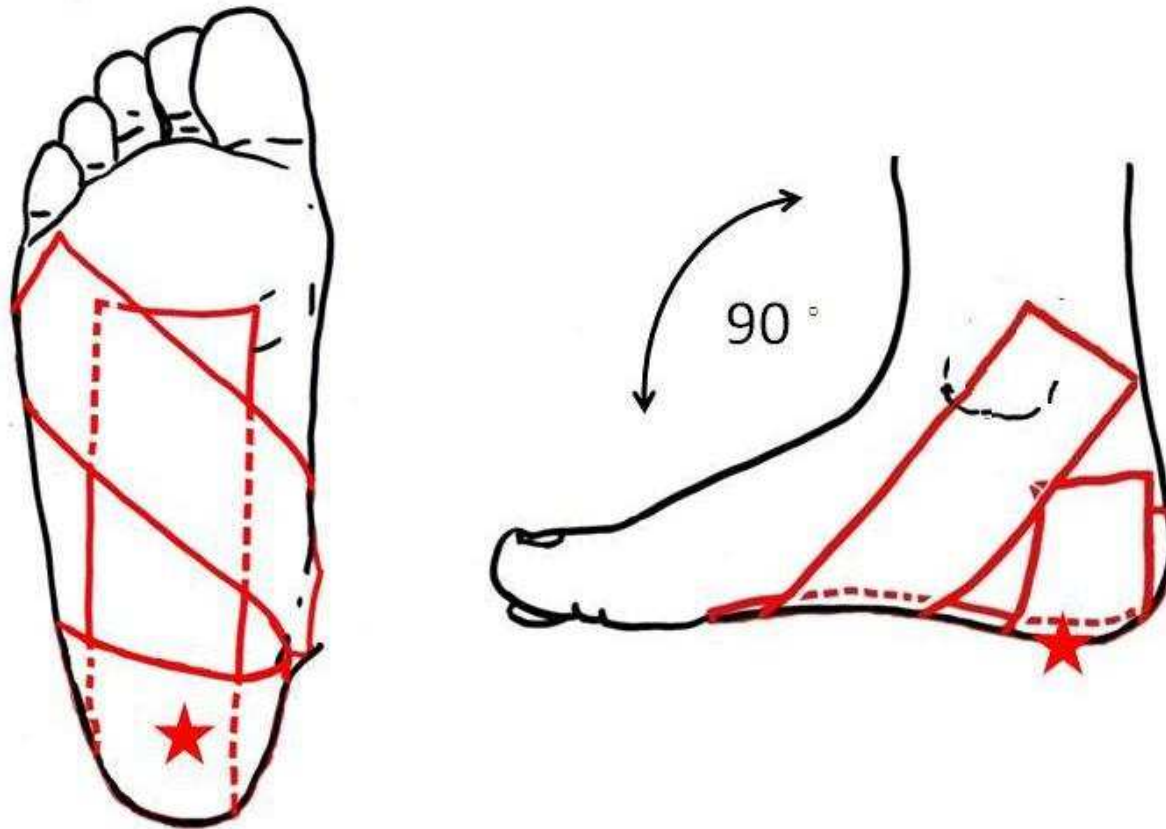
# Ankle Sprain



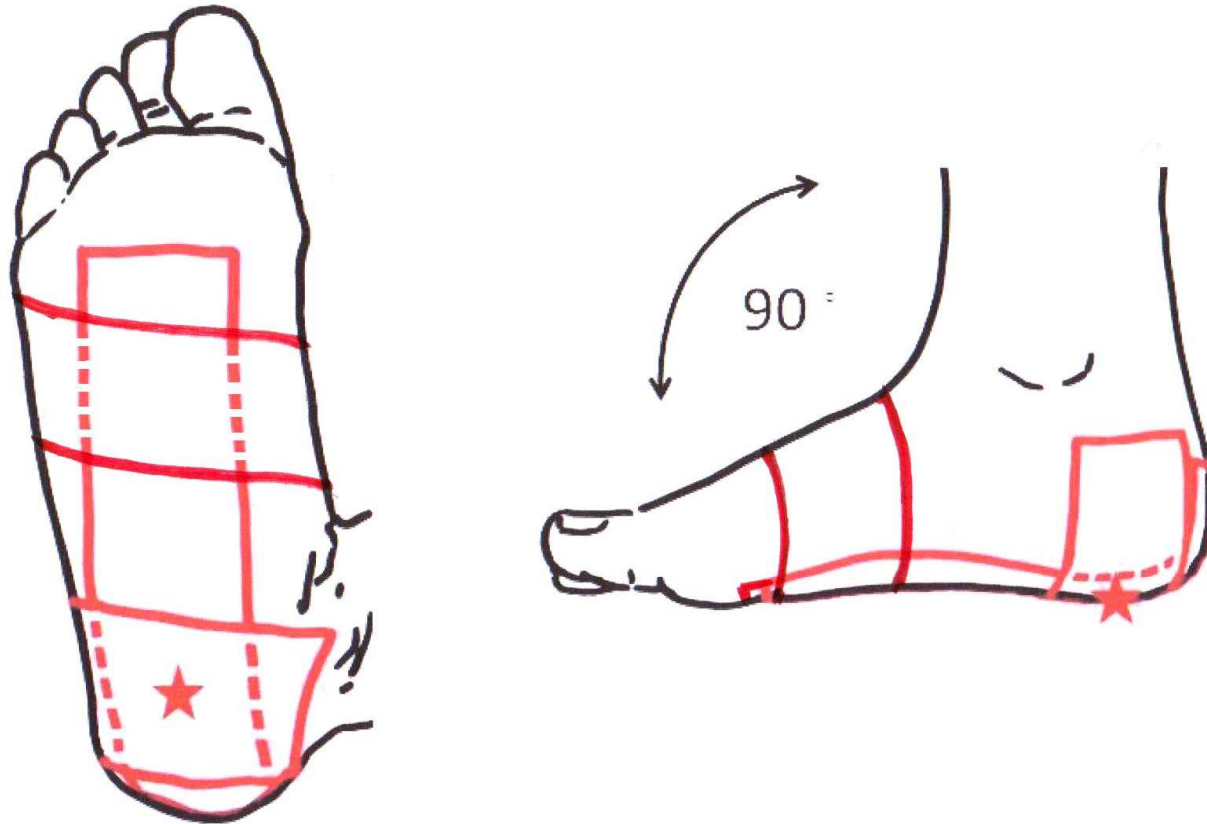
# Plantar Fasciitis



# Plantar Fasciitis + Longitudinal Arch Support

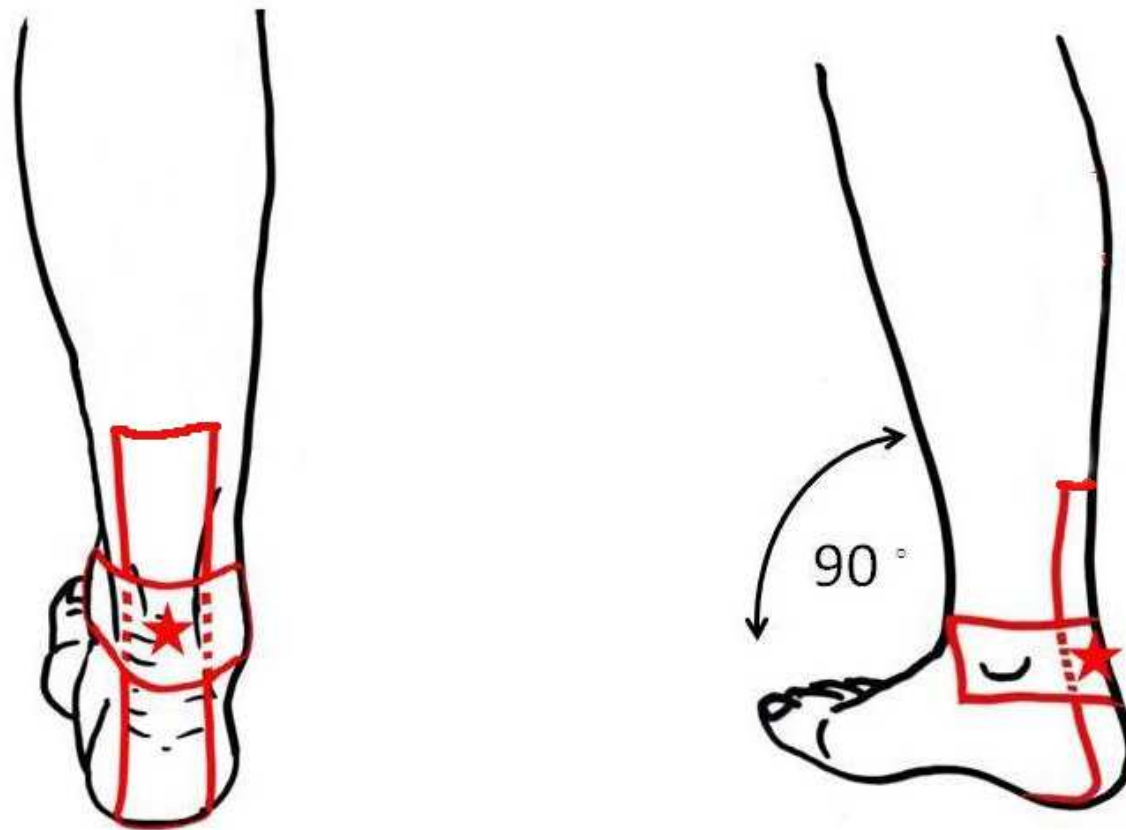


# Plantar Fasciitis + Transverse Arch Support

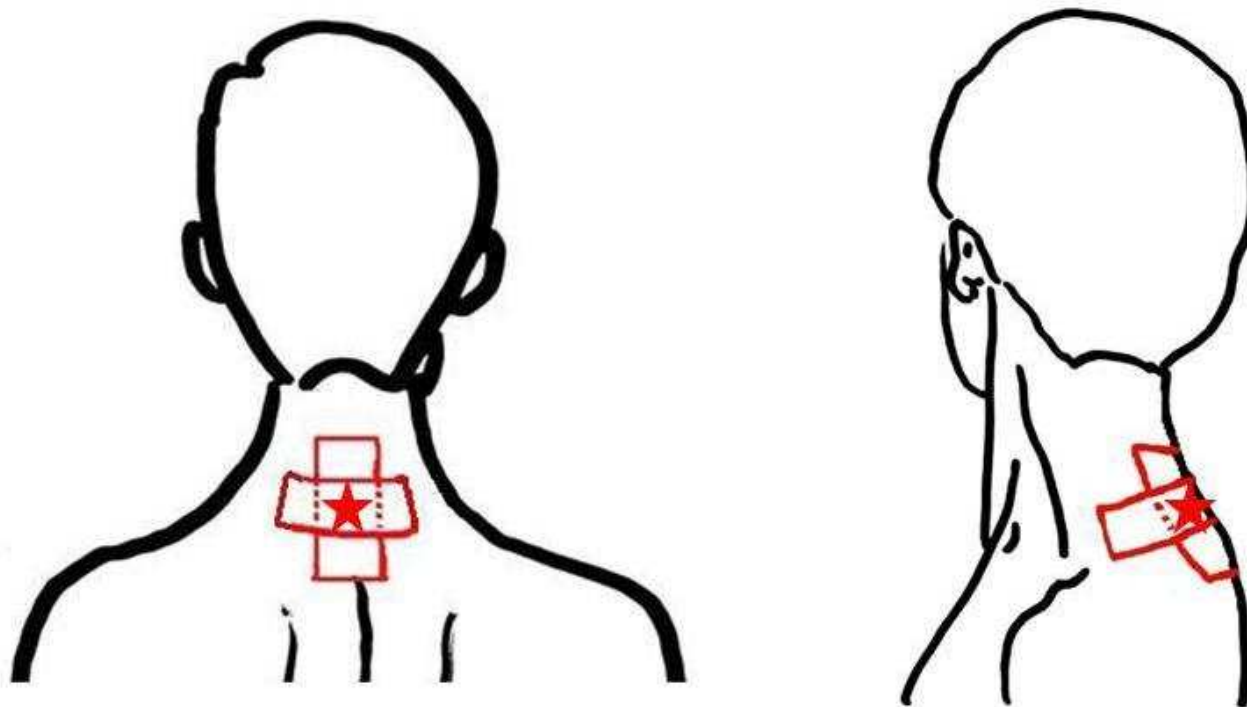




# Achilles Tendonitis



# Neck Muscle Pain



# Back Muscle Pain

